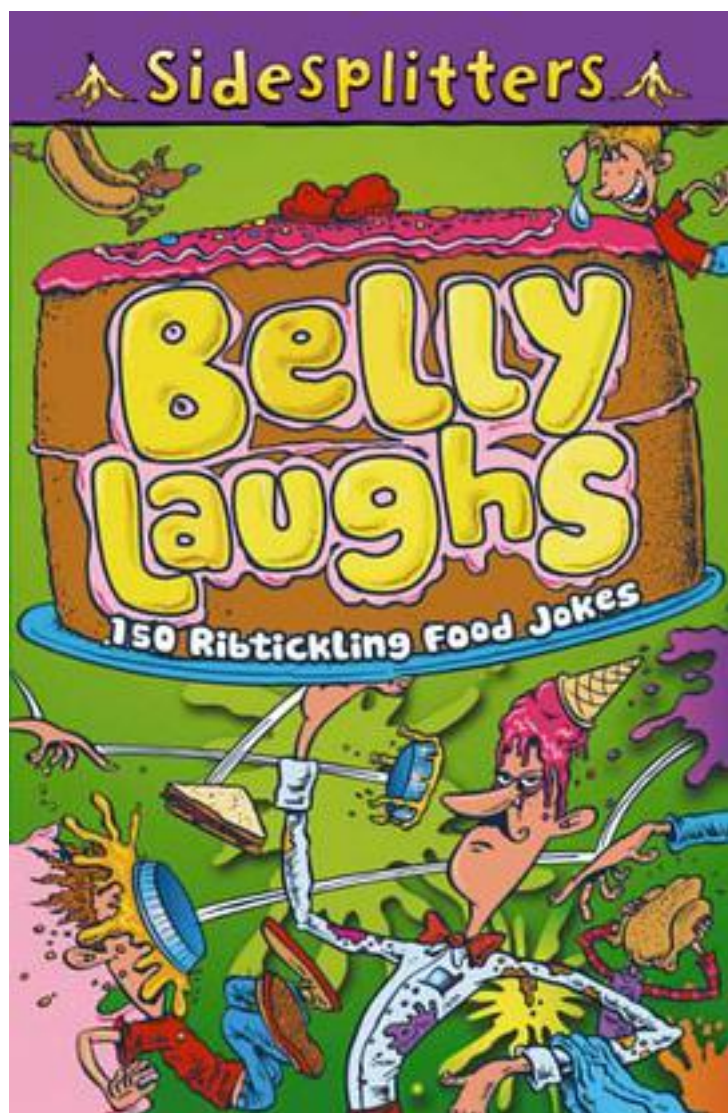


# Belly Laughs



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著者:Jenny McCarthy

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Oh, the joys of pregnancy! There's the gasiness, constipation, queasiness, and exhaustion; the forgetfulness, crankiness, and the constant worry. Of course, no woman is spared these discomforts and humiliations, but most are too polite to complain or too embarrassed to talk about them. Not Jenny McCarthy! In *Belly Laughs*, the actress and new mother reveals the naked truth about the tremendous mood swings, the excruciating pains, and the unseemly disfigurement that go along with pregnancy. Never shy, frequently crude, and always laugh-out-loud funny, McCarthy covers it all in the grittiest of girlfriend detail. With tips and hilarious musings on morning sickness and hormonal rage, hemorrhoids, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, who has ever been pregnant, is trying to get pregnant or indeed, has ever been born!

作者介绍:

Jenny McCarthy is the author of the New York Times bestsellers *Belly Laughs*, *Baby Laughs*, and *Louder Than Words*, among others. The former host of MTV's hugely popular dating show *Singled Out*, McCarthy began her career as a Playboy model, before launching a high-profile comedic television and film career. She has been featured everywhere, from Time magazine to the cover of Rolling Stone; has appeared on virtually every television talk show, from Larry King Live to Howard Stern; and is a frequent guest on the Oprah Winfrey Show. She has also served as a spokesperson for Weight Watchers.

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