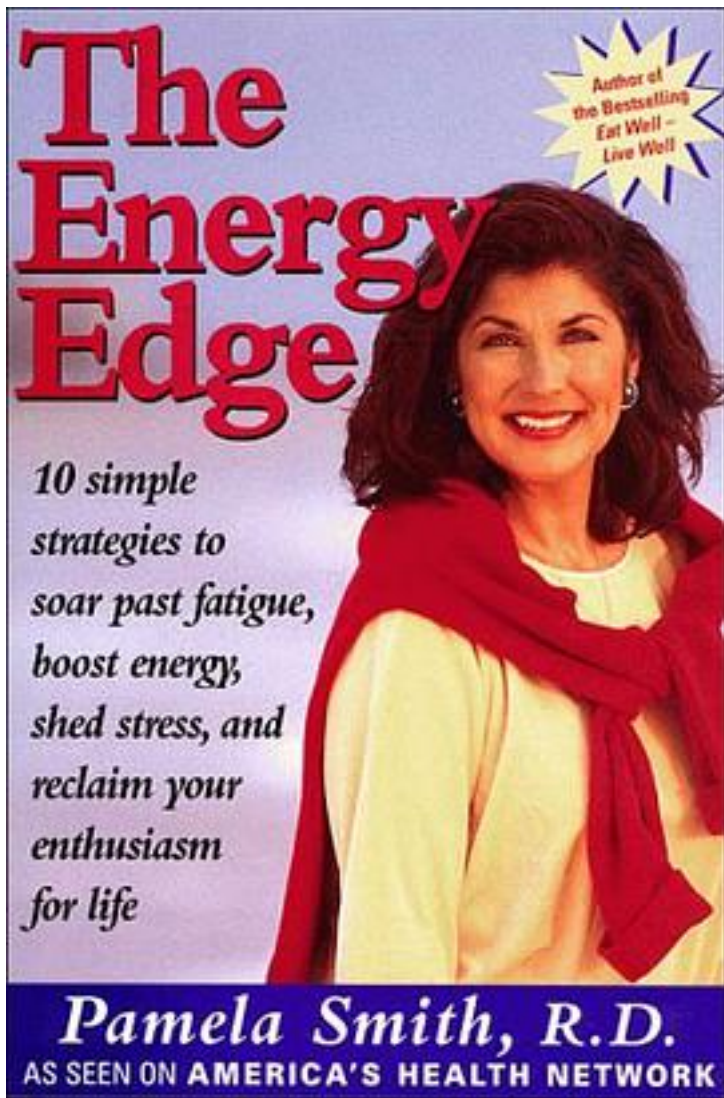


The Energy Edge



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Sharpened concentration, enduring memory, high productivity, overcoming stress. This is the "edge" we need for living effective, fulfilled lives. Yet energy is a premium commodity in these super-stressful times: and it is becoming ever more elusive as our frantic schedules overwhelm our daily lives. Many get by on fumes and just "getting through" becomes their battle cry. Now The Energy Edge provides education and motivation for making simple lifestyle changes that provide for an unstoppable energy flow.

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