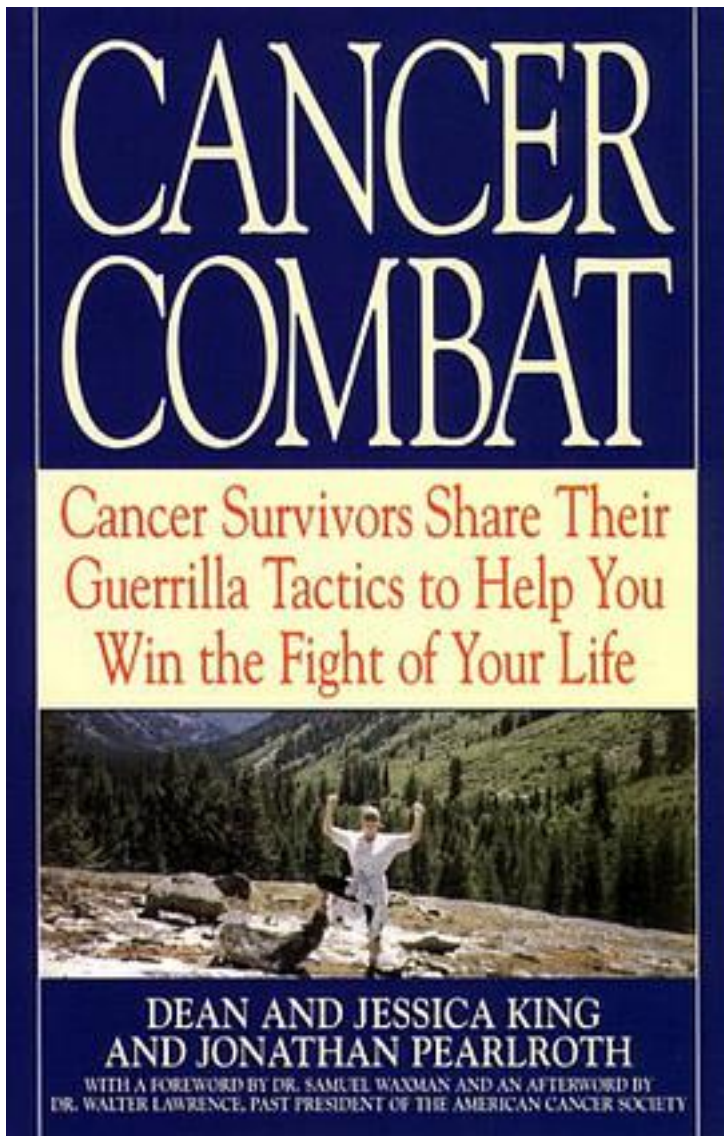


Cancer Combat



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Being diagnosed with cancer does not necessarily mean you must surrender to feelings of sorrow, guilt, remorse, and self-pity. Cancer Combat, a book written by and for cancer fighters, teaches patients how they can fight back and win. This is a book with real, practical advice. It is a book that provides support. It is a book with attitude. And it is a book about entering the battle of your life and coming out a winner. Cancer Combat is the first book that presents winning techniques from cancer survivors n positive, hard-hitting anecdotes. This approach forms an upbeat sense of community in which the patient, friends, and family can take comfort and from which they can gain strength and confidence, and will generate the necessary will to survive and help prepare for battle. Here, in brief anecdotes told firsthand, are the successful tactics used by more than 90 action-oriented people to defeat cancer. These smart, tough cancer fighters offer their personal stories which are gritty, often funny, and always on the money. The anecdotes address such subjects as when to turn to your nurse instead of your doctor, how to maintain your sex life when you look and feel rotten, and how to find an ally at your insurance company. Sidebars interspersed throughout the book will feature advice, suggestions, and stores from cancer care social workers, nurses, priests, rabbis and other spiritual mentors as well as encouraging facts and light-hearted suggestions, such as great funny movies to rent during treatment. Fighting against cancer means refusing to quit, refusing to lose, and doing anything to win. This book will help every cancer patient to throw off feelings of victimization and despair, accept reality, and then fight the battle of their lives.

作者介绍:

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