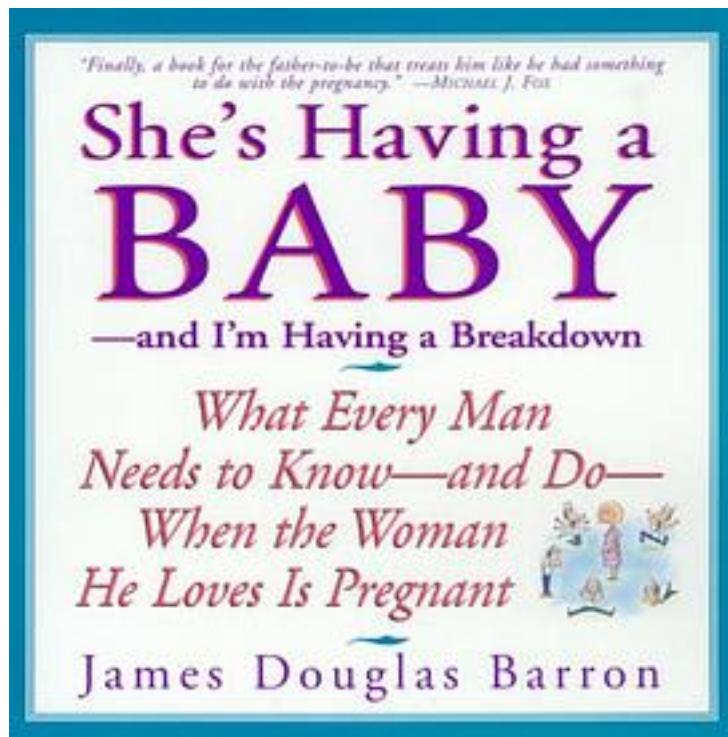


She's Having a Baby - and I'm Having a Breakdown



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出版者:William Morrow

出版时间:1998-06-03

装帧:Paperback

isbn:9780688158255

Insider tips and advice for men on the roller-coaster ride called pregnancy and childbirth--the ideal gift for any expectant Father's Day James Barron, two-time dad, has written a funny, down-to-earth, and practical book that every man needs when his wife is expecting a baby. He offers suggestions on what to do (and how to act!) from those first moments of anticipation to the main event, including: Helping her deal with her physical and emotional changes Early pregnancy sex (getting used to the new constraints) Keeping up with insurance papers and other forms Dealing with your fears that something will go wrong Middle pregnancy sex (enjoyable surprise!) The top ten things never to say to a pregnant woman Questions you should ask the obstetrician

Late pregnancy sex (challenging, but possible) Starting out--the first six weeks of fatherhood This unique book will bring a smile or two to the men--and to the women who love them--while providing precious assistance to make pregnancy the experience of a lifetime.

作者介绍:

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