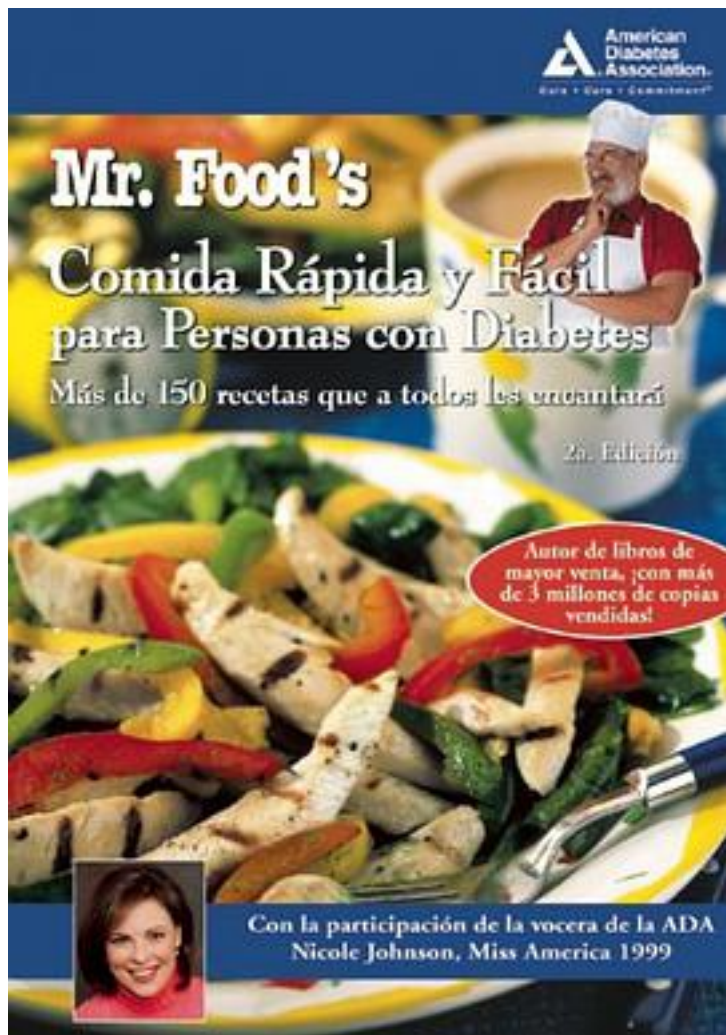


Mr. Food's Comida Rapida y Facil Para Personas Con Diabetes



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著者:Johnson, Nicole

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Spanish version of this ADA bestseller "Mr. Food's Quick and Easy Diabetic Cooking" was an instant sensation when it was first published in 2000. Now Art Ginsburg, television's Mr. Food, has revised this Spanish version of the ADA bestseller to make these recipes even more healthful for people with diabetes like you. More than 150 delicious Mr. Food recipes translated into Spanish, including recipes for snacks, salads, soups, poultry, meat, seafood, vegetarian fare, and desserts.

作者介绍:

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