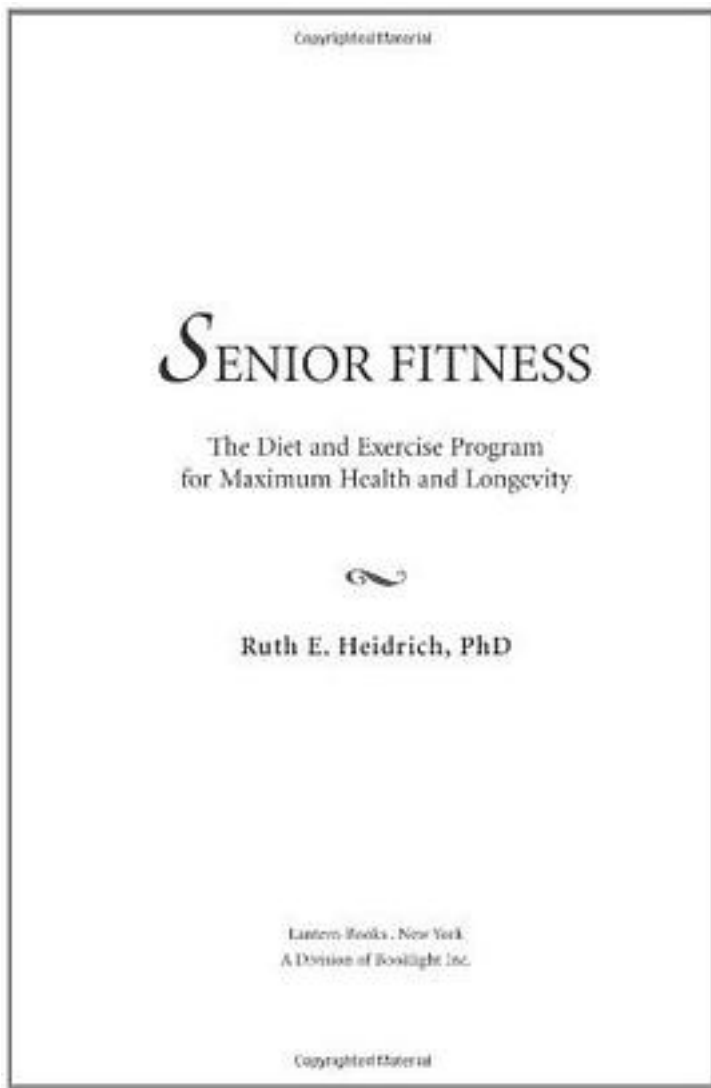


Senior Fitness



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Record holding senior athlete and MD shows how to eat, stay fit and maintain a youthful outlook.

作者介绍:

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