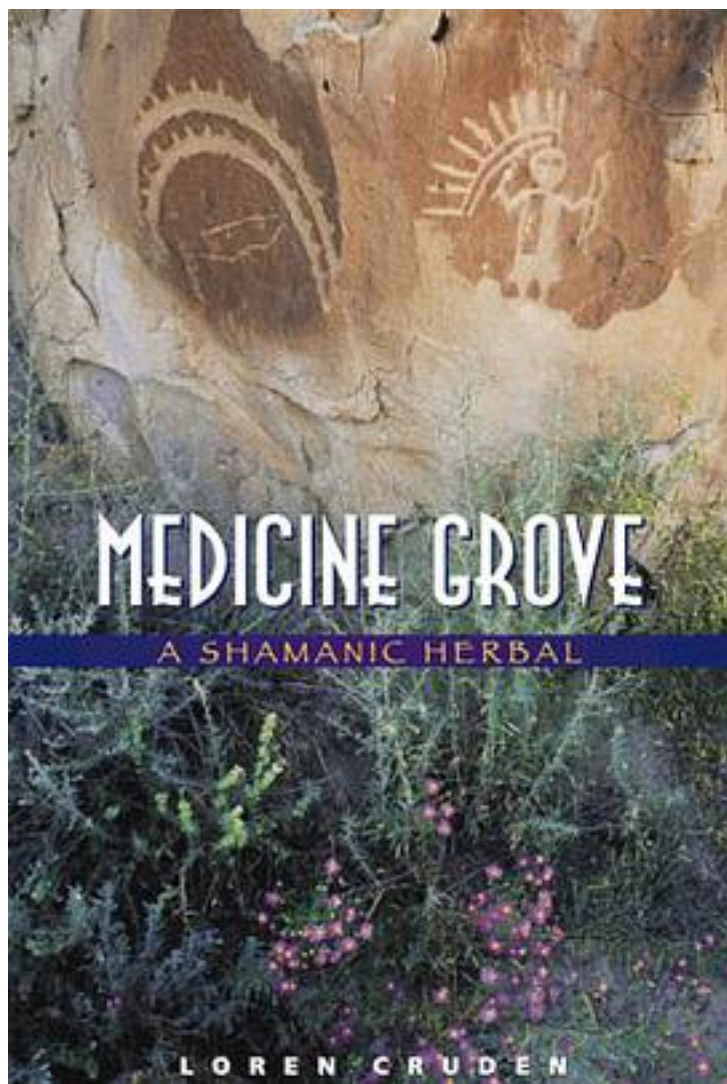


Medicine Grove



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著者:Cruden, Loren

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A guide to using herbs for ceremonies, rituals, and healing, based on Native American traditions. Medicine Grove is a comprehensive herbal, with lists for every common herb and many wild plants of North America, and includes descriptions of the part of the plant used, notes on preparation, lists of symptoms alleviated by the herb, and common effects. However, this book goes further, with chapters on gathering and growing wild herbs, using herbs in Shamanic ceremonies or as plant allies in the wilderness, and birth, death, and dreaming herbs. The author combines her own first-hand experiences with a profound knowledge of indigenous traditions, thus enabling the reader to bring herbal lore into his or her own practice.

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