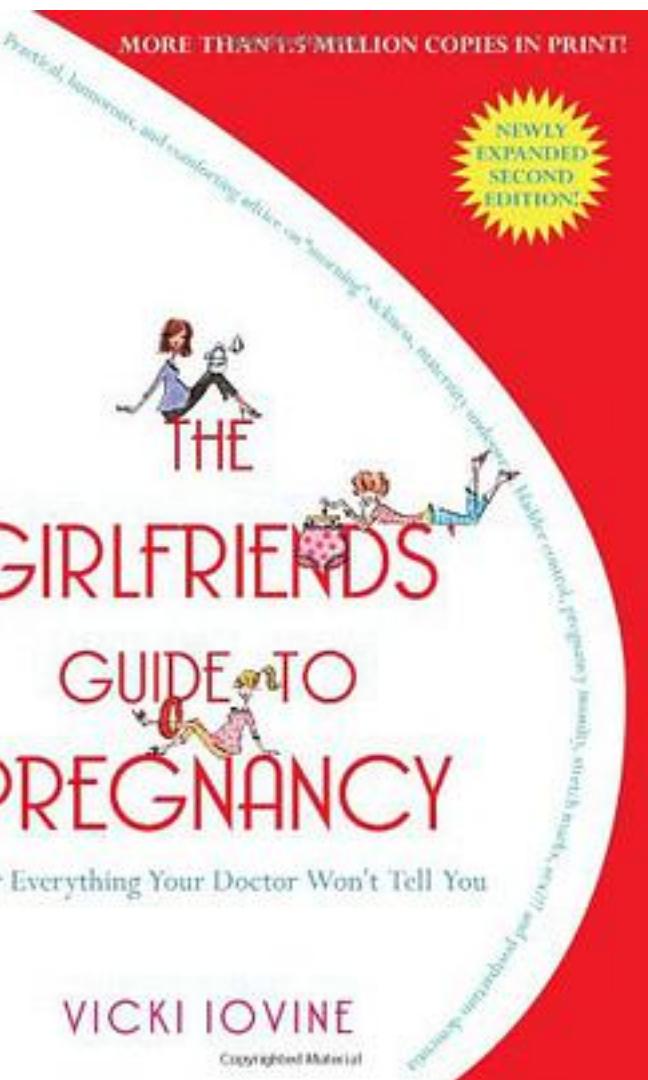


# The Girlfriends' Guide to Pregnancy



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## 在线阅读本书

Your Girlfriends, of course -- at least, the ones who've been through the exhilaration and exhaustion, the agony and ecstasy of pregnancy. Four-time delivery room veteran Vicki Iovine, "the Carrie Bradshaw of pregnancy" (Wall Street Journal), talks to you the way only a best friend can -- in the book that will go the whole nine months for every mother-to-be. Now, in this newly revised and updated edition, get the lowdown on all those little things that are too strange or embarrassing to ask, practical tips, and hilarious takes on everything pregnant. What Really Happens to Your Body -- from morning sickness and gas to eating everything in sight -- and what it's like to go from being a babe to having one. The Many Moods of Pregnancy -- why you're so irritable/distracted/tired/light-headed (or at least more than usual). Plus, the latest scoop on . . . Staying Stylish -- You may be pregnant, but you can still be the fashionista you've always been (or at least you don't have to look like a walking beach ball) -- wearing the hippest designers and proudly showing off your bump. Pregnancy Is Down to a Science -- from in vitro fertilization to scheduled C-section, the latest technology provides so many options, alternatives, and tests, it can all be downright confusing. . . . and much more! For a reassuring voice or just a few good belly laughs, turn to this straight-talking guide on what to really expect when you're expecting.

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