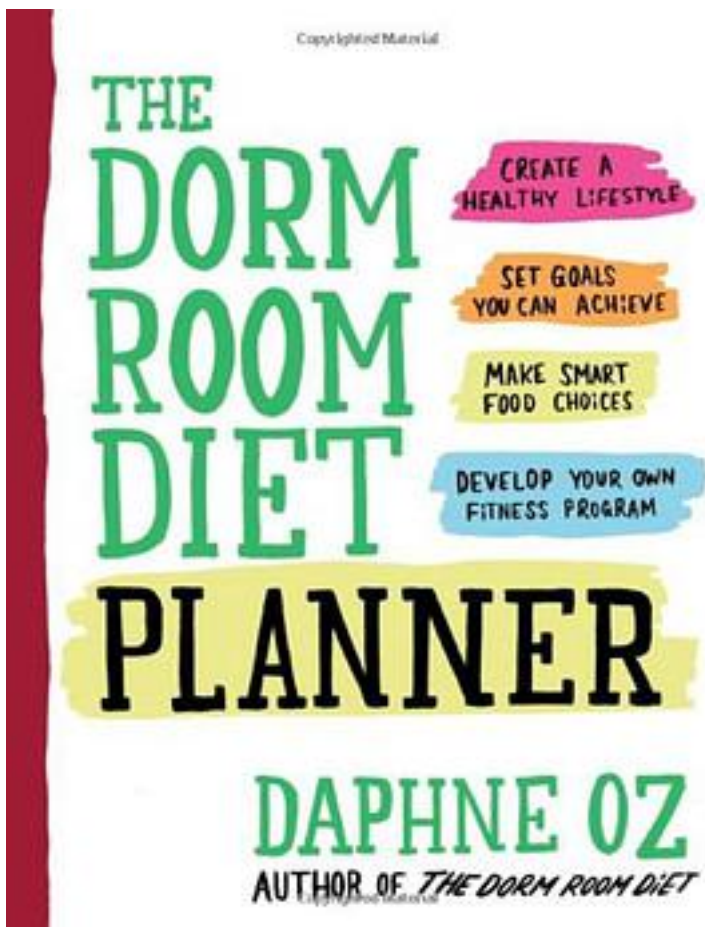


# The Dorm Room Diet Planner



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Daphne Oz, now a junior at Princeton University, started working on "The Dorm Room Diet" while still in high school, where she helped change her school's lunch menu to include whole grains and raw foods. She is the daughter of Dr. Mehmet Oz, bestselling co-author of "You: The Owner's Manual" and "You: On a Diet,"

作者介绍:

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