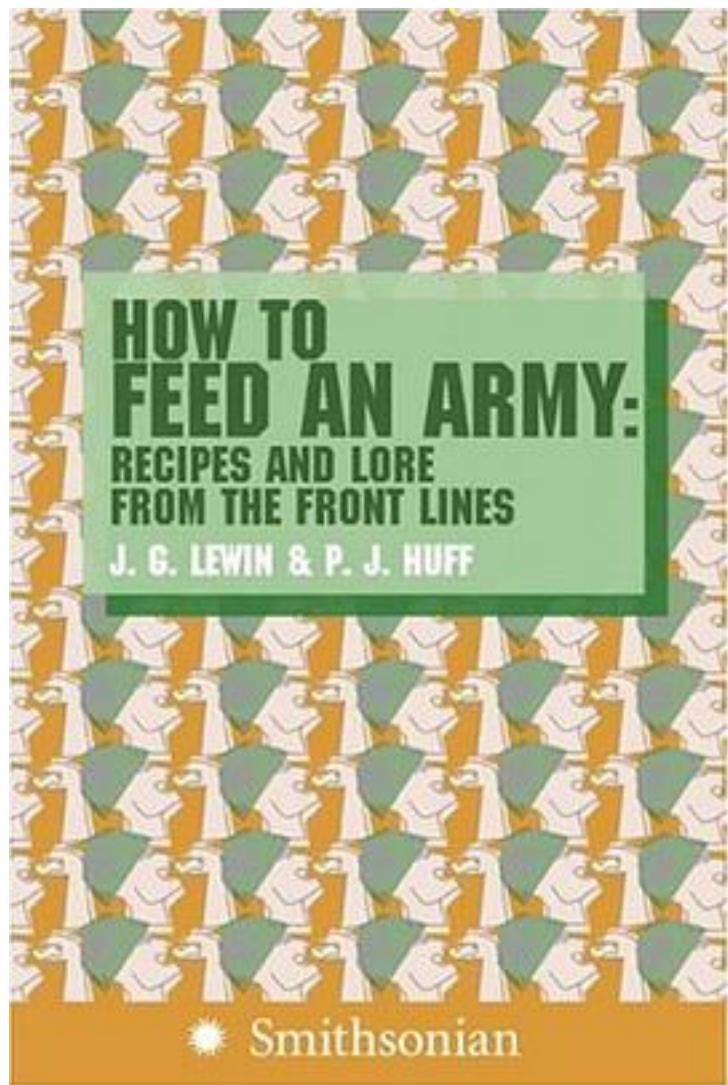


How to Feed an Army



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For more than 200 years, the American military has been doing its best to figure out How to Feed an Army. What they've managed to concoct along the way is a rich history of culinary successes, and some rather interesting side trips into the realm of experimentation. This is part cookbook and part history, and a full measure of fun. Inside you will find: More than 125 authentic military recipes from the American Revolution through Operation Iraqi Freedom. How a fish fry ended the Civil War. The best method for baking bread (it begins with a shovel). How to determine an oven's temperature without using a thermometer. Recipes you can try at home, including Caribbean Catfish, hard tack, and English muffin french toast. You will want to read this book if you have an interest in cooking. Or in eating. Or in history. Or in the military's version of any of the above.

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目录:

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