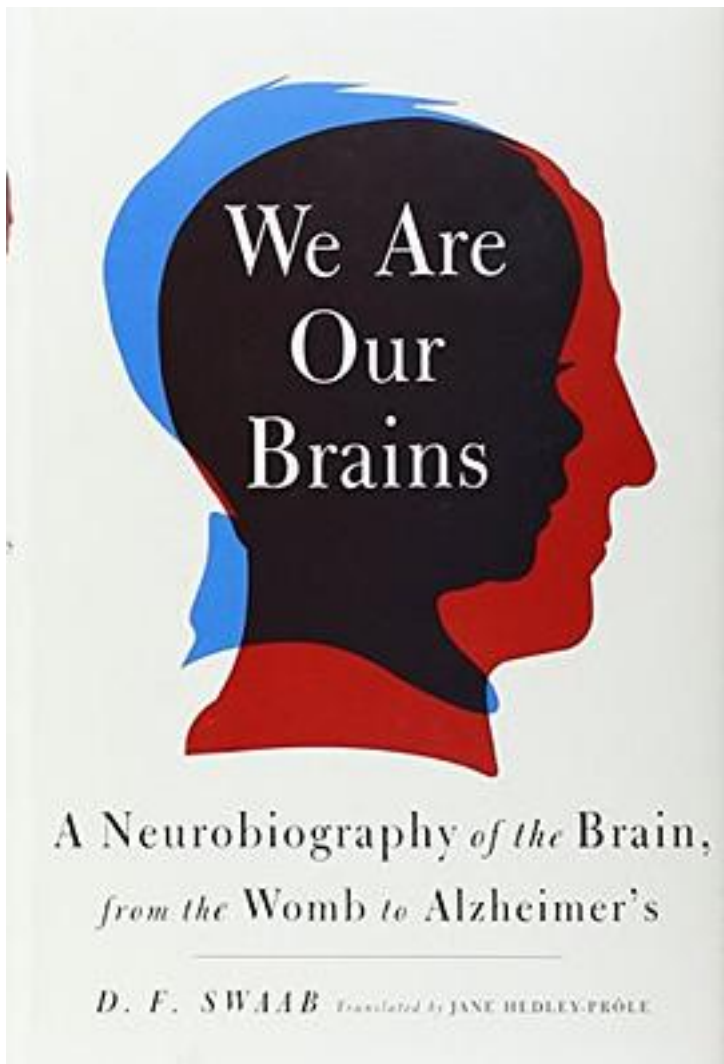


We Are Our Brains



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著者:D. F. Swaab

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A vivid account of what makes us human.

Based groundbreaking new research, *We Are Our Brains* is a sweeping biography of the human brain, from infancy to adulthood to old age. Renowned neuroscientist D. F. Swaab takes us on a guided tour of the intricate inner workings that determine our potential, our limitations, and our desires, with each chapter serving as an eye-opening window on a different stage of brain development: the gender differences that develop in the embryonic brain, what goes on in the heads of adolescents, how parenthood permanently changes the brain.

Moving beyond pure biological understanding, Swaab presents a controversial and multilayered ethical argument surrounding the brain. Far from possessing true free will, Swaab argues, we have very little control over our everyday decisions, or who we will become, because our brains predetermine everything about us, long before we are born, from our moral character to our religious leanings to whom we fall in love with. And he challenges many of our prevailing assumptions about what makes us human, decoding the intricate “moral networks” that allow us to experience emotion, revealing maternal instinct to be the result of hormonal changes in the pregnant brain, and exploring the way that religious “imprinting” shapes the brain during childhood. Rife with memorable case studies, *We Are Our Brains* is already a bestselling international phenomenon. It aims to demystify the chemical and genetic workings of our most mysterious organ, in the process helping us to see who we are through an entirely new lens.

作者介绍:

D. F. Swaab is an internationally renowned researcher in neuroscience and a professor of neurobiology at the University of Amsterdam. He is the founder of the Netherlands Brain Bank, which supplies the international research community with clinical and neuropathological brain tissue, and he currently leads the Neuropsychiatric Disorders research team at the Netherlands Institute for Neuroscience. In 2008, Professor Swaab received the Medal of the Royal Netherlands Academy of Arts and Sciences for his significant role in national and international neuroscience.

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标签

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评论

重新翻看sexuality那段 突然觉得讲的好绝对...好几处逻辑也不太对，降分！

学姐送的很好看的书 跟她的研究领域契合 我也学到了很多

The right amount of science and discussion to me

在台北诚品书局买的实体书，封面设计跟豆瓣上不太一样。此书可做脑科学入门读物，但其中某些观点欠客观，建议读的时候辩证分析。

对于我们生命体验以及思维（mind）的物质性有了更深的认识。大脑是一个机器，是物质的，认识这个机器能有助于好好利用这个机器，“我”是为了方便驾驶机器而产生的概念，有些人天生有一个更好的机器，成为我们所说的天才，“我们”也不必羡慕，作为一个驾驶员，车好不好是一方面，驾驶技术怎么样，开到哪里去，在经验世界里更重要

才刚看到12%就必须得五星好评了！想了解大脑和对心理的影响这个必看啊！

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书评

总体评价，如果书内容完全真实，或者说逻辑成立，是本5星好书。

通篇翻译质量不错，没有晦涩的地方。信息密度比较大，不错。

部分【只是选取自认为对自己最有用的一些】摘要：

一.内容可信度存疑，无引用、没展示好的数据。所以二存疑 二.书内容

1.成年后，脑、性格很难改变 ...

2012年3月。春天将至未至，山上寒意正浓。那日，晴，有风。黄历写道：驿马动，火迫金行，大利西方。

偏居灵隐一隅的杭州佛学院，僧人们正紧张地忙碌着，表情庄严而凝重。藏经阁的投影仪已开启，幕布已降下，热茶已备妥。扫地老僧又把讲堂默默打扫了一遍。一个小和尚拉住...

完整版本见：<http://hgyc.blogspot.com/2011/12/blog-post.html>

以前买书的时候很挑选出版社，比如中华书局，三联等等，那科普书籍呢自然就是科学出版社或者上海科技出版社了，比如上海世纪出版集团的开放人文...

按照作者斯瓦伯的话来说，“这本书是我一生脑研究工作的总结”。或者我们可以看成是一本和大脑有关的各种方向的科普性合集。

我简单的总结了一下，涵盖了至少以下这些议题：怀孕、胎教、分娩，性别、同性恋、性欲、抑郁、厌食、毒品、脑瘫，攻击性、自闭、精神分裂、幻觉、修复...

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