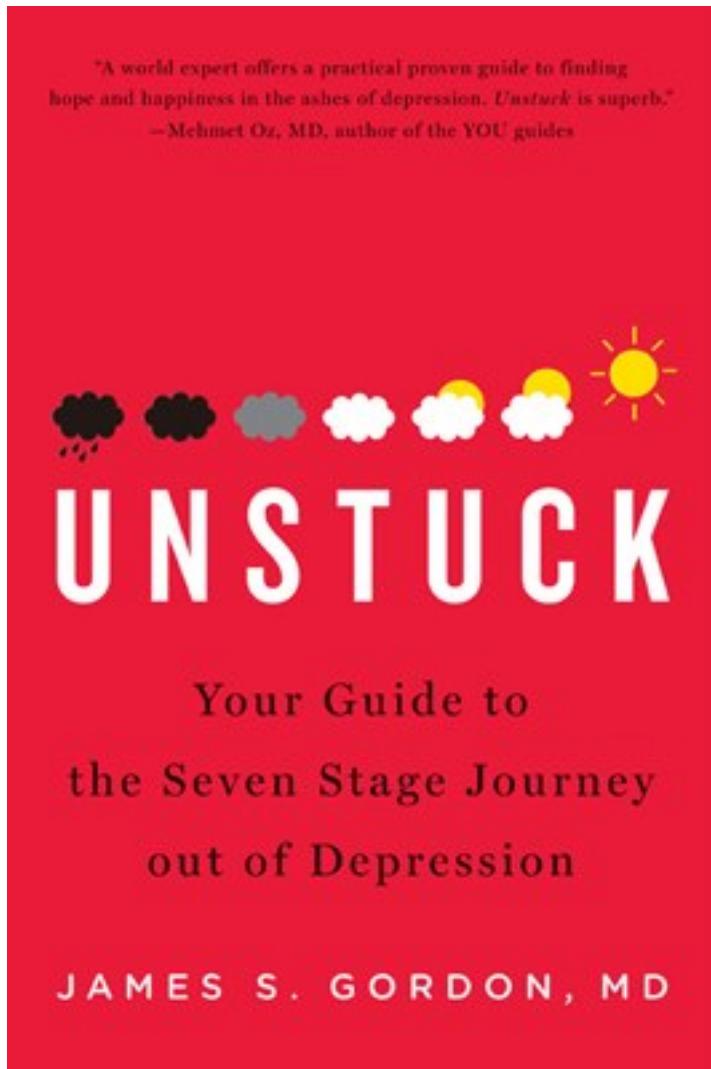


# Unstuck



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出版者:St Martins Pr

出版时间:2005-1

装帧:Pap

isbn:9780312339807

No one is immune to writer's block. From well-known novelists to students writing term papers, Ph.D. candidates, and associates in business and law firms, most anyone who writes has experienced either brief moments or longer periods when the words simply won't come. Based on her experience as a writing coach and instructor--and before that, as a blocked writer for many years--Jane Anne Staw provides practical, effective strategies for overcoming this common yet vexing problem. Topics include: \* handling anxiety and fear \* carving out time and space to write \* clearing out old beliefs and doubts \* techniques to relax \* managing expectations \* experimenting with genre, voice, and subject matter \* ending the struggle and regaining confidence and freedom by finding your true voice - and using it. "Unstuck" uncovers the reasons why writers of all levels get blocked--from practical to emotional, and many in between--and offers concrete ways to get writing again, and to find an even deeper connection and more productivity on the page.

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目录:

[Unstuck 下载链接1](#)

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