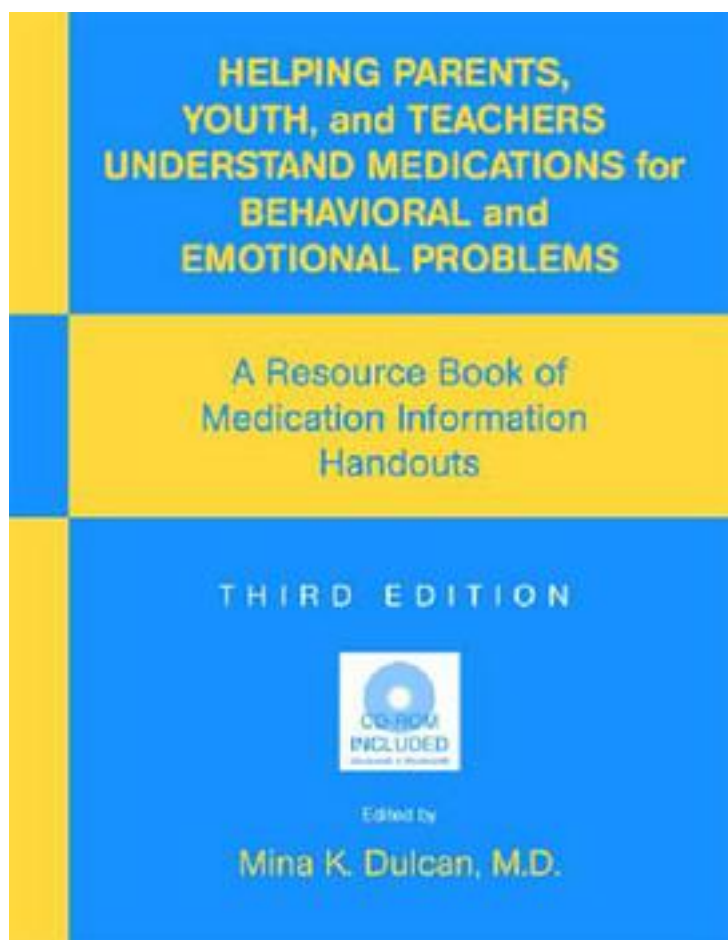


# Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems



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This book of practical handouts is an essential resource for psychiatrists, pediatricians, and others who prescribe medicine for youth with behavioral and emotional problems. Written in language that lay readers—parents, teachers, and youth—can understand, this book covers today's most effective medications for pediatric behavioral and emotional disorders. This time-saving resource offers essential information for the patient, family, and school, including 64 medications from alprazolam to zolpidem. Each entry contains the basic information needed to reinforce clinical discussions, ensure that key points aren't forgotten or overlooked, and provide answers to important questions that arise between visits. Now in its third edition, this handy treatment aid has been restructured to enhance clinical use. The book is organized by generic drug name, with brand names indicated and indexed. Each medication has a handout for adults—parents and teachers—and a separate handout for youth. Each parent and teacher handout describes how the medication works, how long its effects last, some of the side effects and interactions with other medications and foods, and what could happen if the medication is stopped suddenly. Each medication handout for youth explains how to take the medication, how the doctor will follow patients' progress, and how the medication might affect patients. The clinician can photocopy handouts from the book or conveniently print them from the accompanying CD-ROM. Written by experienced clinicians, all medication information has been updated and new medications have been added. This fully enhanced third edition features

- Information on new medications such as atomoxetine (Strattera) and aripiprazole (Abilify)
- Explanations of new concerns about potential side effects and FDA black box warnings for antidepressants and stimulants
- Expanded coverage of medications for sleep
- Appendixes that list medications typically used for certain indications, to enable the clinician to discuss options with the family or to check off medications that have been tried
- Additional sources of information for the clinician and for patients and their families, including books, Web sites, and helpful organizations

Helping Parents, Youth, and Teachers Understand Medications for Behavioral and Emotional Problems, Third Edition, is a valuable resource that will help busy clinicians promote understanding, enhance compliance, and improve therapeutic outcomes.

作者介绍:

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