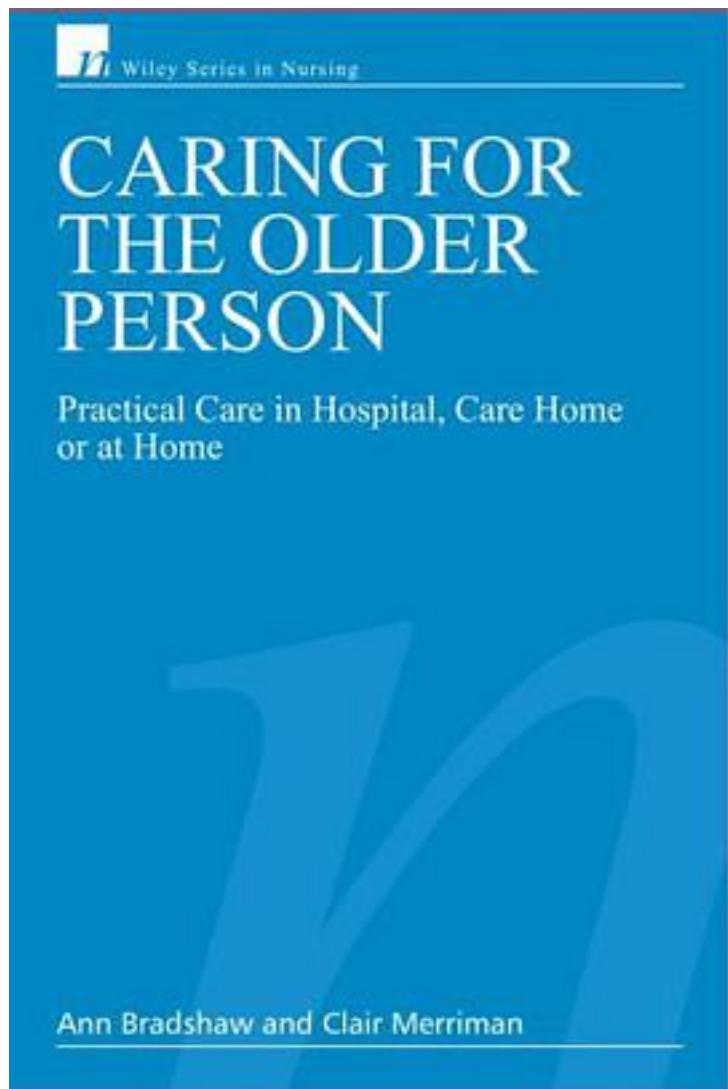


# Caring for the Older Person



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出版者:John Wiley & Sons Inc

出版时间:2007-3

装帧:Pap

isbn:9780470025635

The number of older people in our society is increasing rapidly and as they age, the demand for safe, effective care is growing. This book offers readers the knowledge and skill to provide all aspects of care. Caring for the Older Person is written in six sections, covering the fundamental needs of an older person: Assistance with personal cleansing Assistance with movement Assistance to maintain nutrition and fluid intake Assistance with toilet needs Assistance with the need for observation and monitoring Care of the person immediately following death Each section starts with an explanation and includes care procedures in a step-by-step format. Written by two experienced nurses, the book is systematic and evidence-based, using up-to-date knowledge and government policy. It is intended to be a practical aid to improve care for the older person, whether in hospital, care home or at home and to give the reader the confidence that the care they provide is safe and effective. Caring for the Older Person is an essential resource for health care professionals, trainees, care assistants, or paid carers, whose work involves caring for an older person; or a lay person – someone who needs to acquire skill and confidence to care for an older friend, neighbour or relative.

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