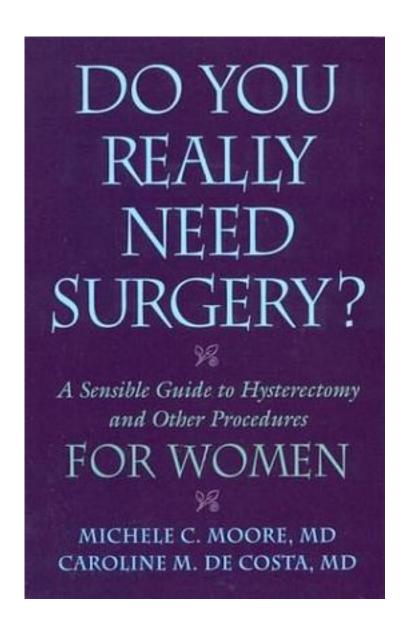
Do You Really Need Surgery?



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At last, here is a user-friendly guide to gynecologic surgery. The authors' guiding principle is that each woman for whom any kind of surgery is recommended should be well informed about the indications, the risks, and the expected results. Only with such knowledge can a woman make a sensible decision for herself. Using anecdotes drawn from a combined fifty years of experience, doctors Moore and de Costa provide clear and accurate information about women's anatomy, physiology, common gynecological ailments, diagnosis, alternative treatments, and, finally, full details about surgery itself. Among the surgeries discussed are removal of the uterus (hysterectomy), removal of the ovaries (oophorectomy), and removal of fibroids. The various ways of performing these procedures are examined, including minimally invasive surgery done through the laparoscope. The authors also help the patient through the postoperative phase, revealing what to expect, how to make the recovery easier, and how to take care of herself after the surgery. The result is a book that empowers women as they weigh their options with regard to gynecologic surgery.

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