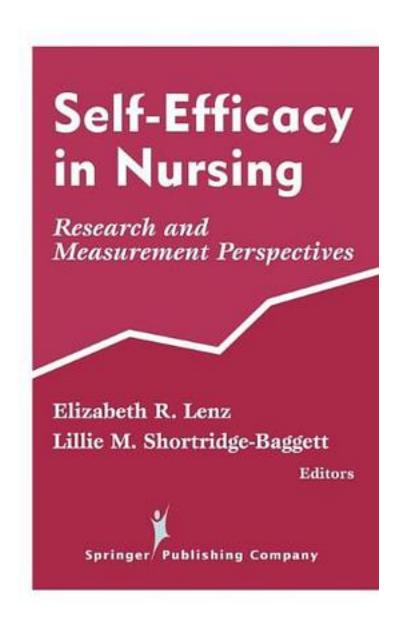
## Self-efficacy in Nursing



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Self efficacy, or the belief that one can self-manage one's own health, is an important goal of health care providers, particularly in chronic illness. This book explores the concept of self efficacy from theory, research, measurement, and practice perspectives. The core of the book is an international collaboration of nurses from the U.S. and the Netherlands who have developed tools for promoting and measuring sel efficacy in diabetes management.
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