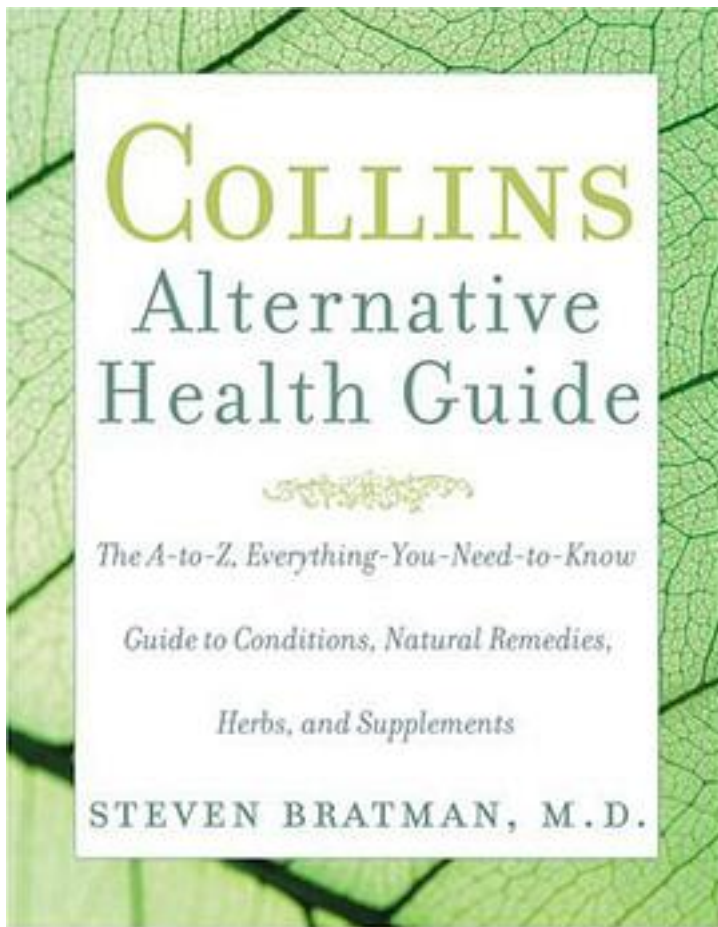


Collins Alternative Health Guide



[Collins Alternative Health Guide_ 下载链接1](#)

著者:Bratman, Steven

出版者:Harpercollins

出版时间:2007-5

装帧:Pap

isbn:9780061120183

The interest of the public in alternative healthcare is large and growing. This book will bring a comprehensive database of information relating to alternative cures and therapies to a wide trade audience. The Collins Alternative Health Guide will be broken

into four sections complete with cross references that will link entries from one section to the next. These sections are: 1. Conditions: In depth A to Z descriptions of various conditions including symptoms, alternative treatments, and herbs and supplements that are commonly used with the condition. 2. Herbs and Supplements: An item by item description of commonly used herbs and supplements. 3. Diet and Nutrition: What you can do to maintain a healthy diet, including discussions on organic diets and vitamins and minerals. 4. Alternative Therapies: A description of alternative therapies from reflexology to aromatherapy.

作者介绍:

目录:

[Collins Alternative Health Guide_ 下载链接1](#)

标签

评论

[Collins Alternative Health Guide_ 下载链接1](#)

书评

[Collins Alternative Health Guide_ 下载链接1](#)