

# Facials and Skin Care in Essence



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Designed to inspire and to motivate, *Facials and Skincare in Essence* provides a beautifully illustrated, comprehensive guide to this popular area of study. Developed to take the reader beyond the basics, it provides detailed information on the structure of the skin, common skin diseases and disorders, skin types and conditions, and how

to analyse skin accurately. It also includes treatment planning advice for specific skin types, facial product knowledge, a detailed step-by-step routine of all elements of a deep cleansing facial, as well as information on the different types of facial treatments available. It enthuses the reader by including an introduction to other specialised facial treatments and the latest non-surgical methods of advanced skin care and rejuvenation commercially in demand, such as Botox(R) and dermal fillers. Written in an accessible style with numerous FAQs and case studies, *Facials and Skincare in Essence* is the perfect companion for students on short courses, professional therapists topping up their skills, NVQ Level 2 and 3 Beauty Therapy students, and anyone interested in beauty therapy or cosmetology.

作者介绍:

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