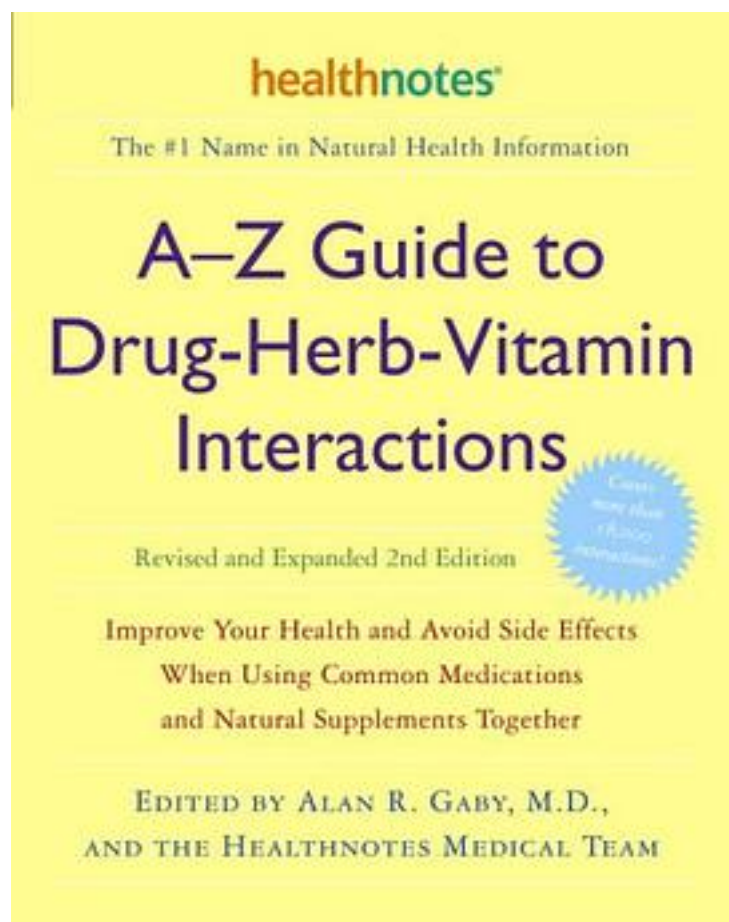


A-Z Guide to Drug-Herb-Vitamin Interactions Revised and Expanded 2nd Edition



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If you're among the millions of people taking prescription and over-the-counter drugs, as well as vitamins and natural medicines, you need to know which combinations are potentially helpful and which can be extremely dangerous. The A-Z Guide to Drug-Herb-Vitamin Interactions is an essential resource to understanding the interactions that may affect your health.

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- Supplements that can interfere with drug absorption
- Side effects of common drug-herb-vitamin combinations
- Supplements that can help your prescriptions work better
- Combinations that should never be taken together
- With a foreword by Dr. Bob Arnot

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