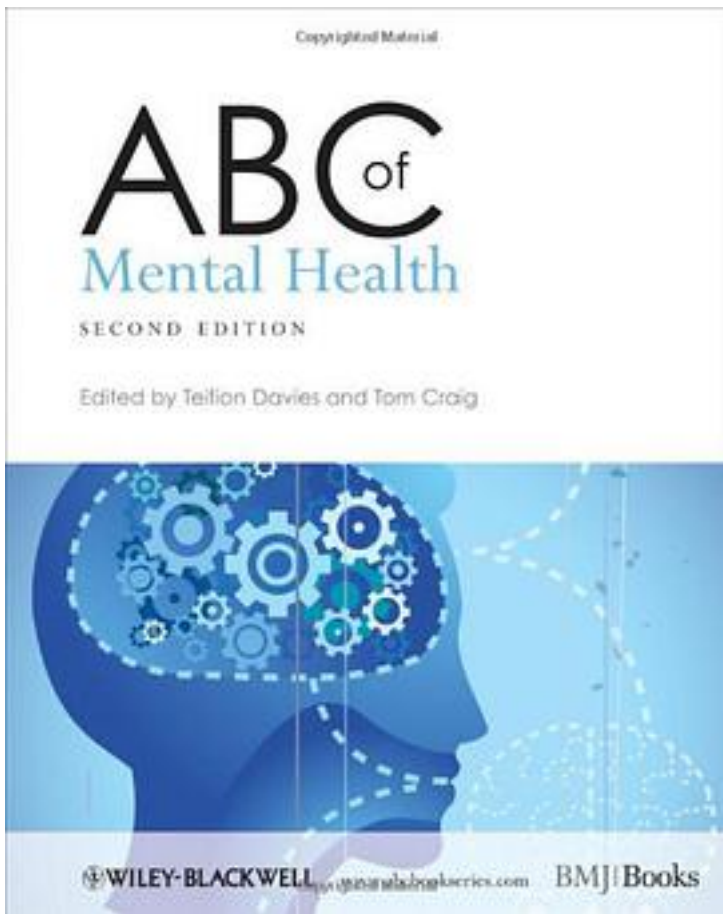


ABC of Mental Health



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Mental health services have changed completely in the UK, and the new edition of ABC of Mental Health has been thoroughly updated and revised to reflect this. Providing clear practical advice on how to recognise, diagnose and manage mental disorders

successfully and safely, with sections on selecting drugs and psychological treatments, and improving compliance, ABC of Mental Health also contains information on the major categories of mental health disorders, the mental health needs of vulnerable groups (such as the elderly, children, homeless and ethnic minorities) and the psychological treatments. Fully up to date with recent mental health legislation, this new edition is as comprehensive as it is invaluable. By covering the mental health needs of special groups, this ABC equips GPs, hospital doctors, nurses, counsellors and social workers with all the information they need for the day to day management of patients with mental health problems.

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