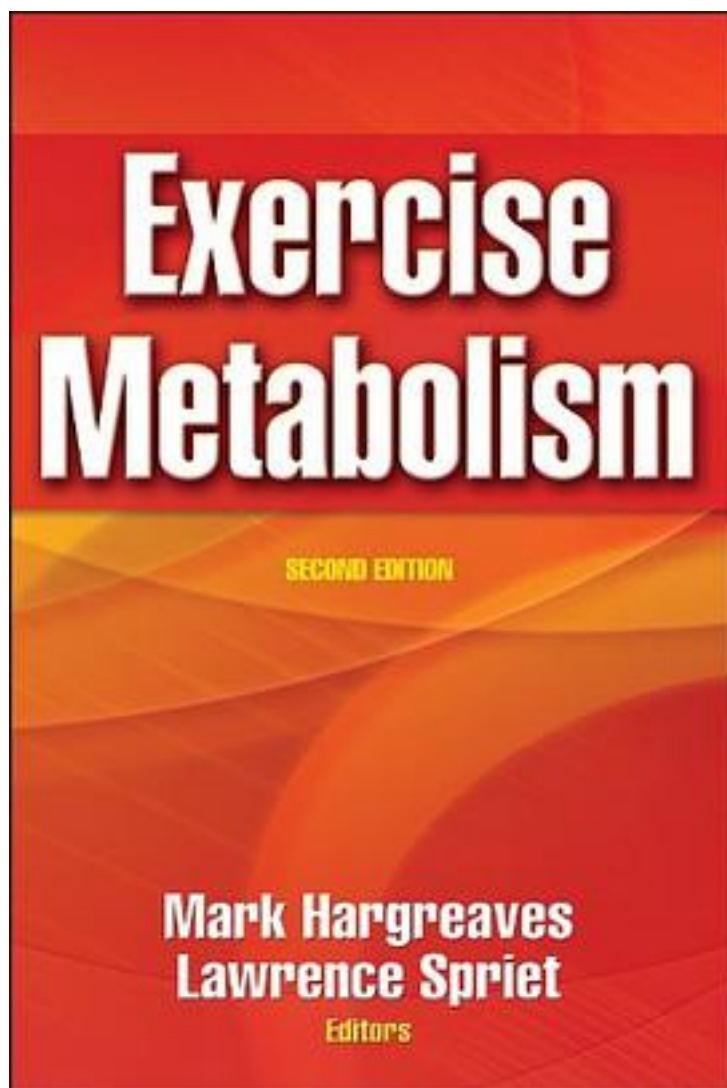


Exercise Metabolism



[Exercise Metabolism_ 下载链接1](#)

著者:Hargreaves, Mark, Ph.D. (EDT)/ Spriet, Lawrence, Ph.D. (EDT)

出版者:Human Kinetics

出版时间:2005-12

装帧:HRD

isbn:9780736041034

A reference for exercise physiologists and biochemists and a text for students in physiology, sport and exercise science and biochemistry. This book provides readers with information on the metabolic processes that take place during exercise. It takes an in-depth look at the mobilization and utilization of substrates-glucose, lipid, and protein - during physical activity. It also contains new information on high intensity exercise and the rest-exercise transition.

作者介绍:

目录:

[Exercise Metabolism_ 下载链接1](#)

标签

评论

[Exercise Metabolism_ 下载链接1](#)

书评

[Exercise Metabolism_ 下载链接1](#)