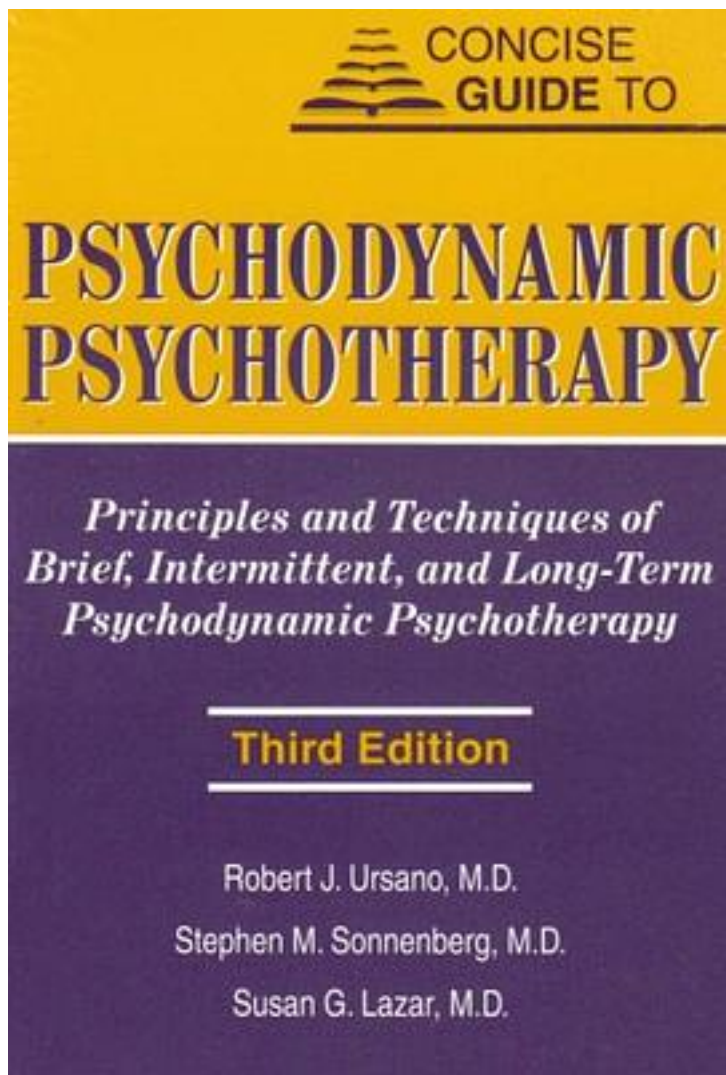


Concise Guide to Psychodynamic Psychotherapy



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Developing skills in psychodynamic psychotherapy and its techniques is a lifetime endeavor. The third edition of this volume from American Psychiatric Publishing's enduringly popular Concise Guides series serves as an excellent starting point for mastering these vital skills. Skills that can be applied to many other psychiatric treatment modalities, including other psychotherapies, medication management, consultation-liaison psychiatry, outpatient and emergency room assessment and evaluation, and inpatient treatment. In a compact guide. A complete with glossary, indexes, tables, charts, and relevant references. A designed to fit into a lab coat pocket, the authors - Provide the clinician with an updated introduction to the concepts and techniques of psychodynamic psychotherapy, describing their usefulness in other treatments. For example, psychodynamic listening and psychodynamic evaluation are best learned in the context of psychodynamic psychotherapy training but are applicable in many other psychiatric diagnostic and treatment methods. - Convey the excitement and usefulness. A as well as the difficulties. A of psychodynamic psychotherapy and its techniques, including case examples. - Show the efficacy and cost-effectiveness of psychotherapy in general, and of psychodynamic psychotherapy in particular. A issues of special importance in the evidence-based practice of medicine and mental health care. - Explain the advantages. A and limitations. A of each form of psychodynamic psychotherapy: brief, long-term, and intermittent. For example, psychotherapists must be able to recognize patterns of interpersonal interaction without engaging in the "drama." Thus, they must learn to recognize and understand their own reactions as early indicators of events transpiring in the treatment and as potential roadblocks to a successful treatment. Complementing more detailed, lengthier psychiatry texts, this volume's 15 densely informative chapters cover everything from basic principles to patient evaluation, resistance and defense, transference and countertransference, dreams, beginning and termination of treatment, management of practical problems, brief and supportive psychotherapy, and psychotherapy of borderline personality disorder and other severe character pathologies. Mental health care professionals everywhere will turn to this practical guide again and again as an invaluable resource in creating and implementing effective treatment plans for their patients.

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心理咨询与治疗

精神分析

心理治疗

弗洛伊德

元认知

psychoanalysis

评论

买了中文版，发现还是英文版看得顺溜...这本书是五星实操手册，值得多读几遍，以后重读可以读中文版的。

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书评

一个春节，仔仔细细的看完这本书。两遍。有许多切身的体会。一些问题弄清楚了。粗看这本书，字密密麻麻的，不是一般闲书那种恨不得一个字占十行。

真看进去了，十分好看。
只能说十分好看。哪儿好看，不知道，现在还不知道。心理学的书看的邵了。

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终于，在小河边的中午看完了这本书~恩恩，有点小感慨
还是那句话，非专业和仅仅是娱乐的看这本书可能会比较累，但是专业人士看的会很有心得
我感觉，边缘型人格障碍看的比较爽，还有一点没闹清楚，就是投射认同到底是一个什么感觉，我记得在笔记里面也没有搞清楚 书山有路勤为径...

好书无货也是空悲叹。
心理学，尤其是心理咨询这条路就是这样，似乎牛鬼蛇神都了解一点，也有无数“心理学”资料，但真正的好资料却不多得，好不容易有靠谱的人推荐靠谱的书，结果无论是新书旧书正版盗版，通通无货。真正好的资料，专业的书籍真的很难给出版社、相关人员带来利益...

根据个人思维方式，简单梳理了书本的思维导图，作为精神分析入门的书籍，很适合新手。

还是那句话，真传一张纸，家传万卷书，好东西不分厚薄，此书汇集了众多精神分析领域的专家的思想精髓。
这是本非常好的关于精神分析治疗的书籍，非常的棒。此书是中德心理培训的入门必选书籍。非常值得精神分析方向的咨询师看。

其实，如果真的是想从事这个行业的，而且习惯于使用心理动力学（也就是传说中的精神分析）治疗的童鞋，一定不要错过
之所以称其为教科书，我认为首先就是容易读懂（相对的），只要弄清楚一些关键词，再加上没有阻抗就可以了。另外就是介绍的很简单，没有很长的东西，所以看这本...

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