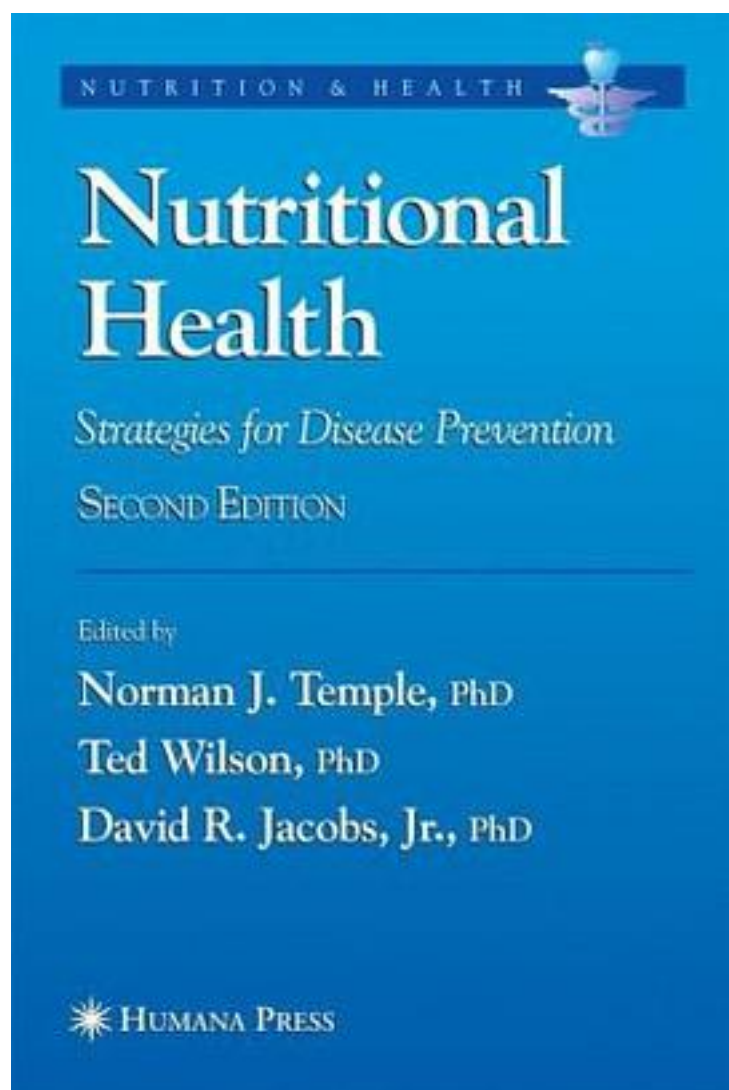


# Nutritional Health



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This second edition of "Nutritional Health: Strategies for Disease Prevention", remains an authoritative and comprehensive collection of cutting-edge reviews by leading authorities detailing the scientific evidence for the health effects of vitamins, minerals, functional foods, and other classes of foods. The authors provide readers with updated recommendations on a wide range of significant nutritional questions, including strategies for effective research into the relationship between diet and disease, government policy and its potential impact on the national diet, and the affect of diet on diabetes, blood lipid control, hypertension, and cancer.

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