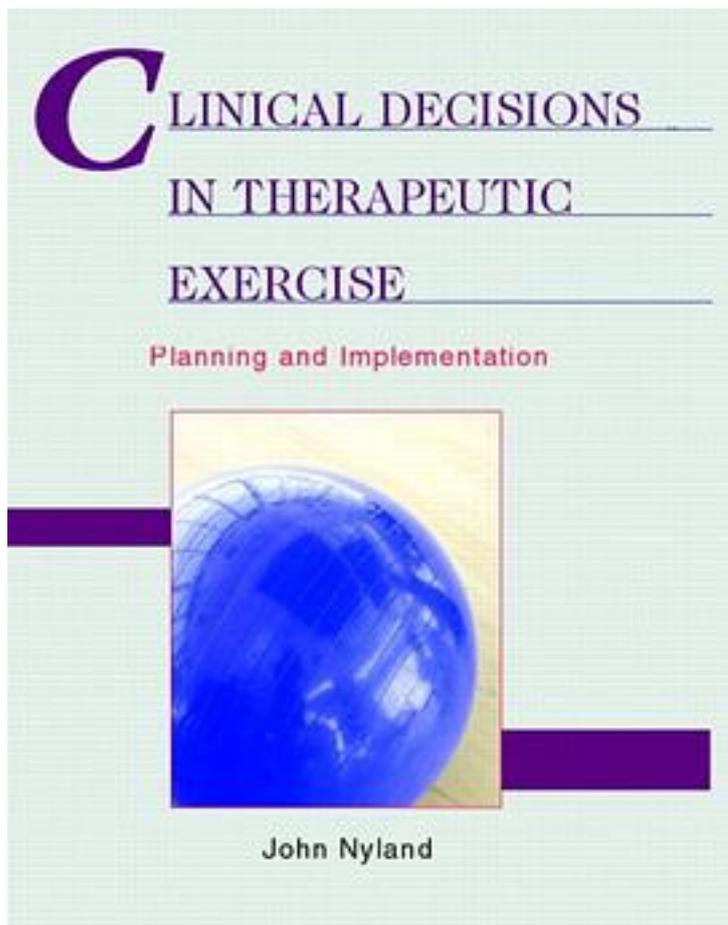


Clinical Decisions in Therapeutic Exercise



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著者:Nyland, John

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For courses in Therapeutic Exercise. Clinical Decisions in Therapeutic Exercise Program Planning provides a contemporary, evidence-based overview of the topics that influence decisions regarding therapeutic exercise program development by

integrating neuromuscular, cardiopulmonary and musculoskeletal considerations. This resource encourages the reader to consider relevant evidence along with a comprehensive, holistic understanding of the individual when making clinical decisions regarding a plan of care and the most appropriate exercise intervention(s). Case Studies present not just the injury, but also the lifestyle, attitudes, social and medical history and personality of the client to aid in effective program planning.

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