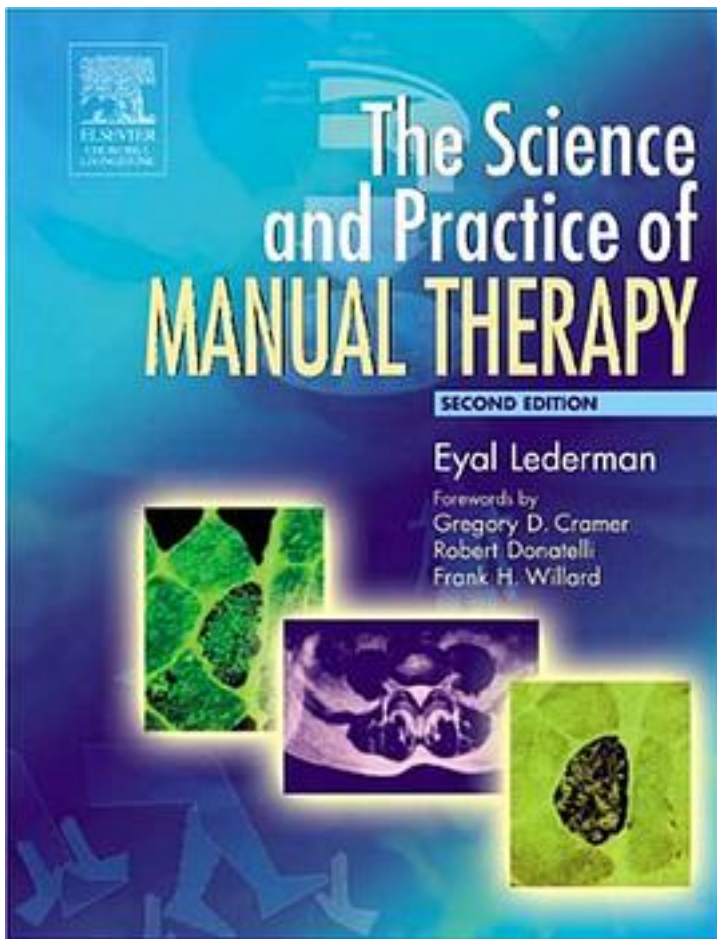


The Science and Practice of Manual Therapy



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著者:Lederman, Eyal

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"The Science and Practice of Manual Therapy", previously entitled "The Fundamentals of Manual Therapy", is an extensive examination of how manual therapy (MT) techniques work, and how to match the most suitable techniques to different

conditions. Drawing on evidence-based research, it explores the physiological, neurological and psychophysiological responses of the human body to MT techniques. A highly practical book, which provides useful clinical strategies for the treatment of common conditions seen in manual therapy practice. This new edition has been completely rewritten, extensively updated and expanded, with addition of new research material, novel clinical approaches and demonstration of new techniques and assessments. The text aims to assist practitioner and students of manual therapy develop a deeper understanding of their patient's processes and how they may be affected by different MT techniques. It aims to help MT practitioners deliver a more effective and safer treatment and to be able to treat a broader range of conditions.

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