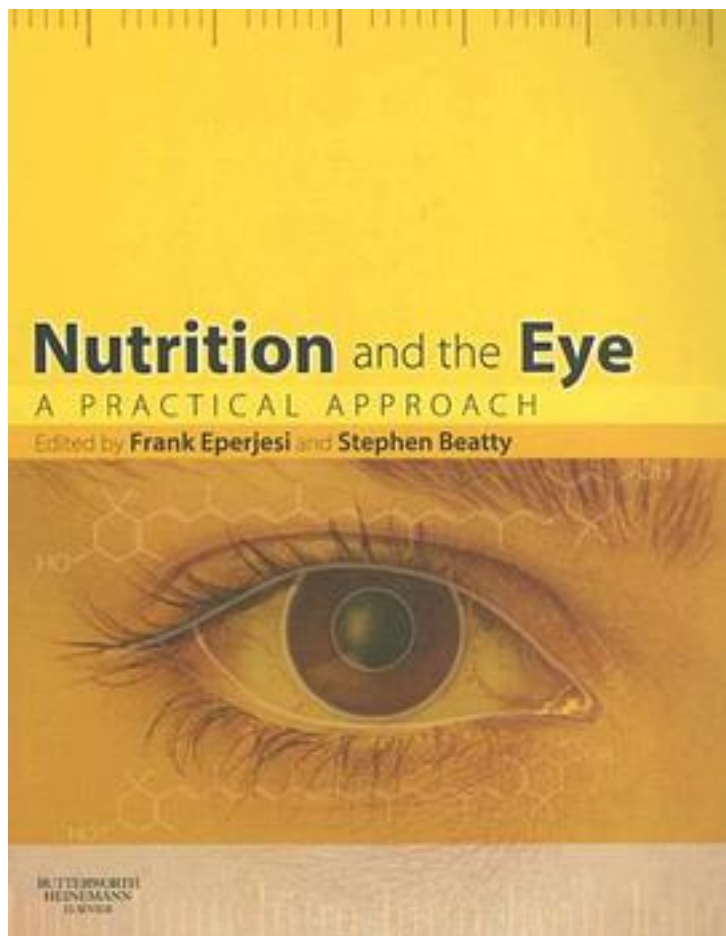


Nutrition and the Eye



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This title is directed primarily towards health care professionals outside of the United States. This timely new reference provides up-to-date information on the effects of nutrition on vision for eye care specialists. It offers practical assistance in clinical

procedure with essential nutritional information backed up by evidence-based research. Contributors include specialists in the fields of nutrition, vision research, and life sciences.

Practical, evidence-based advice throughout. Strong emphasis on basic sciences provides the reader with a solid foundation of understanding. Highlighted advice sections for patients and handy tables make it quick and easy to use. Full color throughout, with an easy-to-read, "how-to" approach. Recommendations for practice are included, as are discussions of future developments in the field.

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