

Rehabilitation Instructions for Orthopaedic Patients



[Rehabilitation Instructions for Orthopaedic Patients_下载链接1](#)

著者:Brotzman, S. Brent

出版者:Lippincott Williams & Wilkins

出版时间:2008-1

装帧:HRD

isbn:9780781751483

Written by an eminent expert on orthopaedic rehabilitation for the orthopaedist, physical trainer, athletic trainer, or any health care professional managing rehabilitation, this handbook provides patient instructions for rehabilitation of all musculoskeletal injuries and postoperative rehabilitation after surgery. For each injury, the book presents step-by-step descriptions and photographs of chronologically progressive rehabilitation exercises and checklists of timing and criteria for return to sports. FEATURES: Authored by a physician expert well known in multiple markets Includes patient instructions on disc so they may be individualised and printed format also allows for easy photocopying Each chapter includes clinical points for the practitioner, illustrations of pathophysiology and treatment, and etiology and prevention Additional topics covered include low impact exercises for arthritis patients, cast care, groin strain, and care of sprain

作者介绍:

目录:

[Rehabilitation Instructions for Orthopaedic Patients_下载链接1](#)

标签

评论

[Rehabilitation Instructions for Orthopaedic Patients_下载链接1](#)

书评

[Rehabilitation Instructions for Orthopaedic Patients_下载链接1](#)