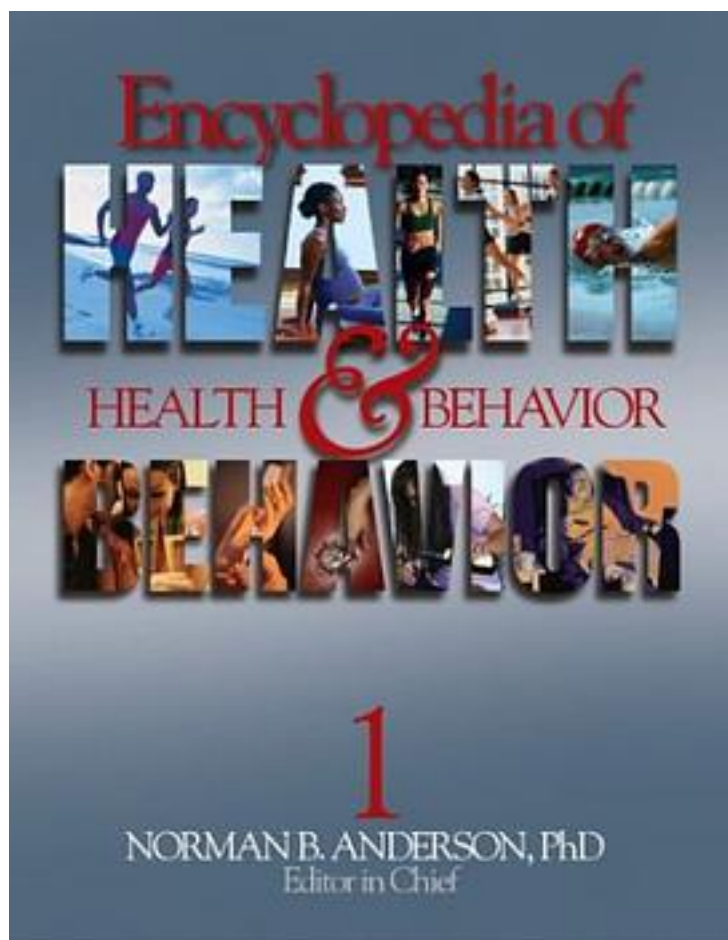


Encyclopedia of Health and Behavior



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The current level of popular interest in health and behaviour reinforces the urgent need for better information so practitioners, academics, and the public can perform research and make lifestyle choices based on sound science. From adherence to a

doctor's advice, to emotions and health, to obesity treatment and prevention, to women's health and all topics in between, the "Encyclopaedia of Health and Behaviour" comprehensively covers all aspects of what has become the dynamic domain of behavioural medicine. This A-to-Z Encyclopaedia was designed with the overarching goal to collect together in a single resource the knowledge generated by this interdisciplinary field, highlighting the links between science and practice. In it, scholars, health care practitioners, and the general public will find a wealth of information on topics such as physical activity, stress and health, smoking, pain management, social support and health, cardiovascular health, health promotion, and HIV/AIDS. This two-volume set includes over 200 entries on topics covering all aspects of health and behaviour. In addition, the "Encyclopaedia of Health and Behaviour" includes a comprehensive set of additional resources with both entries on selected organizations and an appendix with a detailed annotated listing of such organizations as well as Web sites of interest. The features are: an A-to-Z organization along with a "Reader's Guide" that groups entries by broad topic areas, a comprehensive index, and cross-references between and among entries make this a resource that is easy to access and use; six Associate Editors and six Senior Advisors of prominent experts involved in all aspects of health psychology and behavioural medicine assisted in developing the encyclopaedia to ensure comprehensive, authoritative coverage readers can rely on; and appendices provide a comprehensive reference list and annotated listings of organizations and online resources on health and behaviour.

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