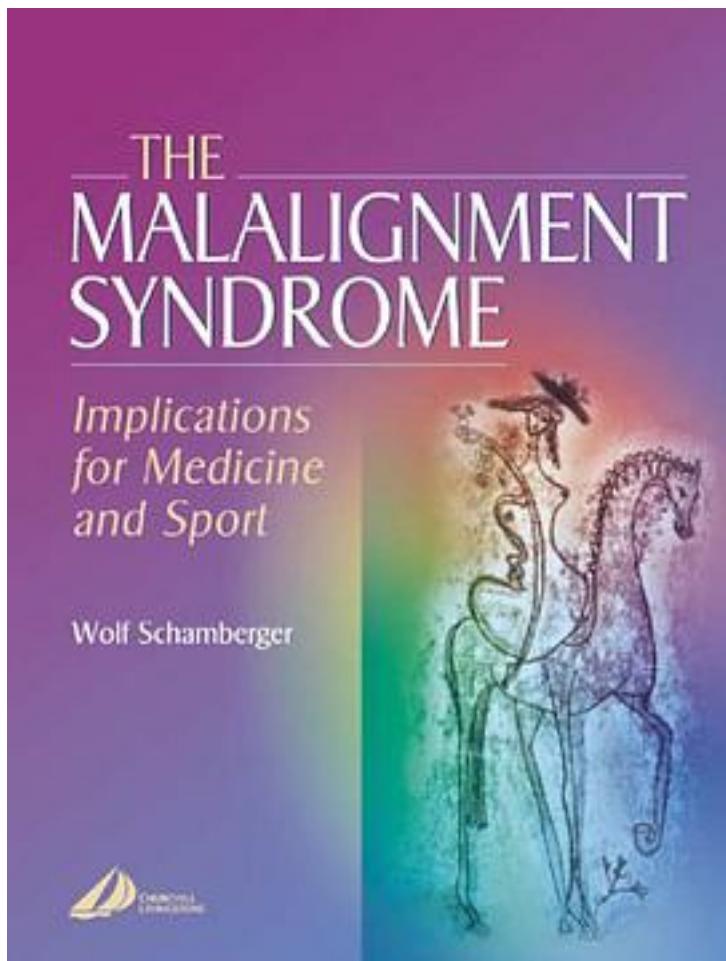


The Malalignment Syndrome



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出版者:Churchill Livingstone

出版时间:2002-07-15

装帧:Paperback

isbn:9780443064715

"The Malalignment Syndrome" describes a newly recognised syndrome that commonly occurs in patients seen by physicians, chiropractors, physiotherapists, massage therapists and veterinarians. Although the symptoms are familiar to those

working in the field they are often treated independently and their collective cause goes unrecognised. In this book, the author presents the evidence for looking at the group of symptoms involved and treating them as a single syndrome with a single cause - biomechanical malalignment. The book has a special emphasis on athletes and participants in sport at all levels. Recognition of the malalignment syndrome by sports trainers, physiotherapists and others working with athletes can help them implement appropriate treatment and training to correct the malalignment and actually prevent the initial occurrence of symptoms. Emphasis is on the participation of the patient/athlete in the day-to day treatment process to achieve long-term results.

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