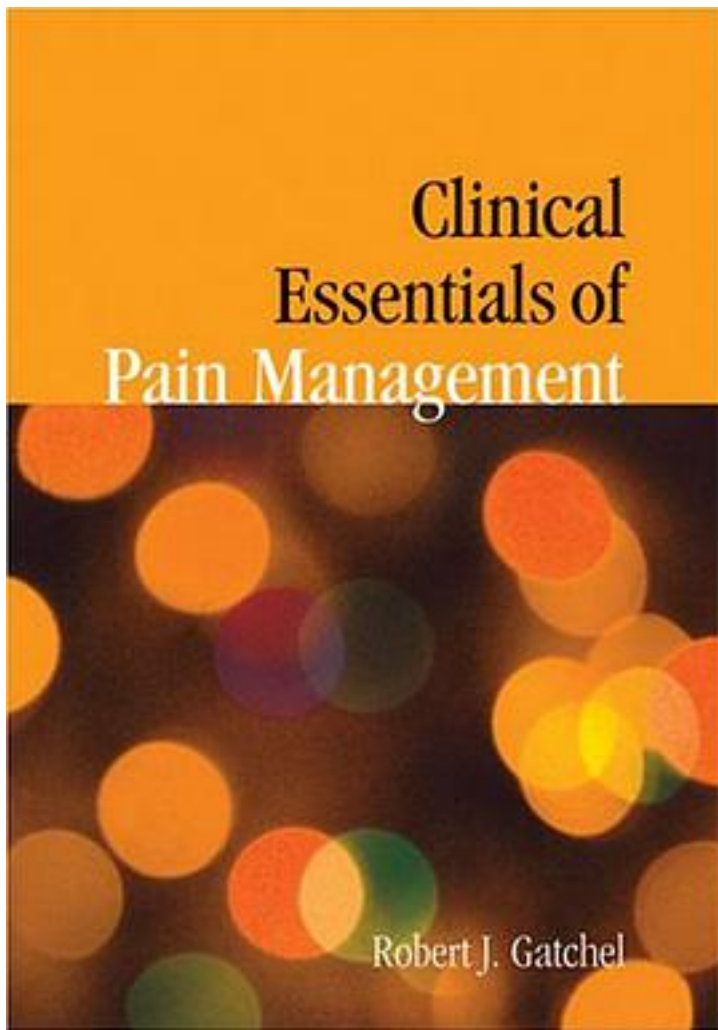


# Clinical Essentials of Pain Management



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Clinical Essentials of Pain Management lays out a documented program for treating

patients experiencing acute and chronic pain, two of the most common symptoms in modern society. Going beyond traditional biomedical remedies, Robert Gatchel offers a comprehensive viewpoint that takes into consideration not only biological, but also psychological and social variables. This book gives mental health practitioners guidance on how to assess and treat pain patients, including discussions of frequently used measurement tools, instruments for matching patients with the best treatment, the interaction of mental states and the experience of pain, and details about cognitivebehavior interventions. The author illustrates the assessmenttreatment process in a number of evocative case examples and provides chapter appendices that feature everything from pain questionnaires to relaxation exercises that may be administered to clients. In addition, the author provides a look at the nuts and bolts of operating a successful pain clinic, with guidance on privacy and reimbursement issues as well as information on choosing pharmaceutical options when the level of pain requires more than psychological interventions. This rich resource serves as an essential handbook for psychologists, psychiatrists, counselors, social workers, nurses, occupational therapists, and other caring professionals working in the field of pain management.

作者介绍:

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