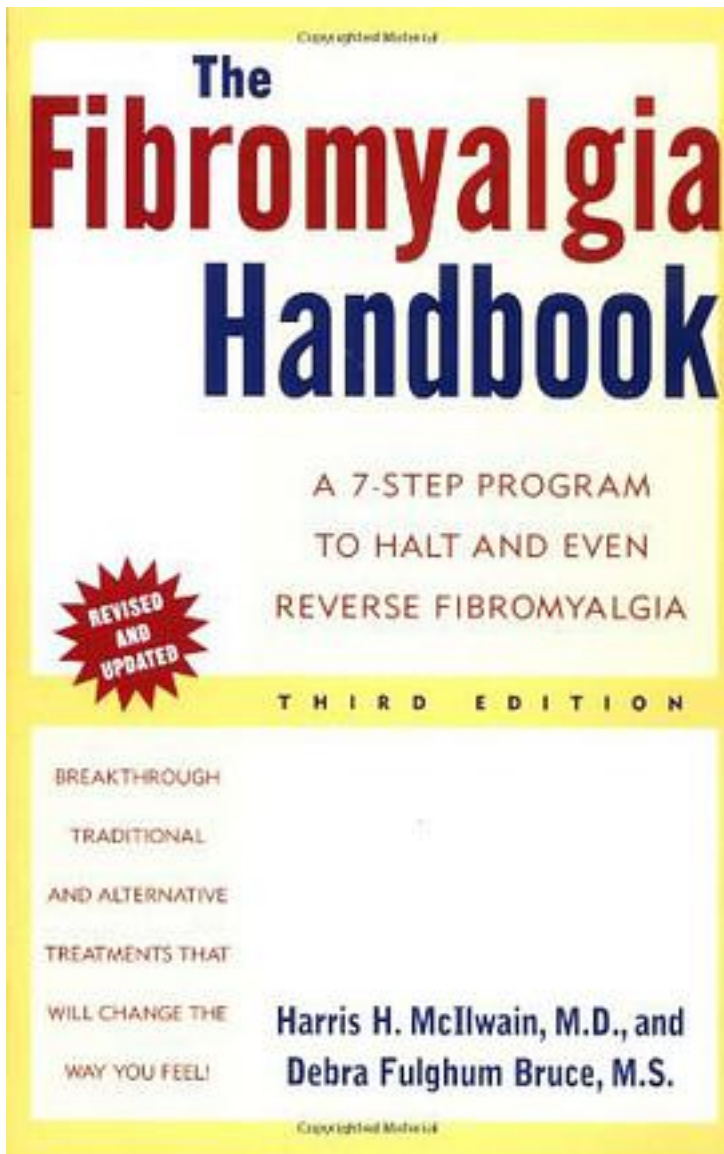


The Fibromyalgia Handbook



[The Fibromyalgia Handbook_下载链接1_](#)

著者:McIlwain, Harris H./ Bruce, Debra Fulghum

出版者:Henry Holt & Co

出版时间:2003-5

装帧:Pap

isbn:9780805072419

Fibromyalgia, with its constant severe muscle pain, relentless fatigue, disturbed sleep, and feelings of desperation, is regularly misdiagnosed and misunderstood, yet it is the most common arthritis-related disease next to osteoarthritis. While some feel these symptoms are part of growing older, fibromyalgia is not a sign of aging. In this newly revised edition of his popular handbook, Dr Harris H McIlwain offers hope to millions of sufferers. His proven seven step treatment programme includes the very latest in such medications as Cox-2 inhibitors, the breakthrough drugs that reduce pain and inflammation without stomach upset, and guaifenesin, a common ingredient in cough and cold medications that may lessen the symptoms of fibromyalgia.

作者介绍:

目录:

[The Fibromyalgia Handbook_下载链接1_](#)

标签

评论

[The Fibromyalgia Handbook_下载链接1_](#)

书评

[The Fibromyalgia Handbook_下载链接1_](#)