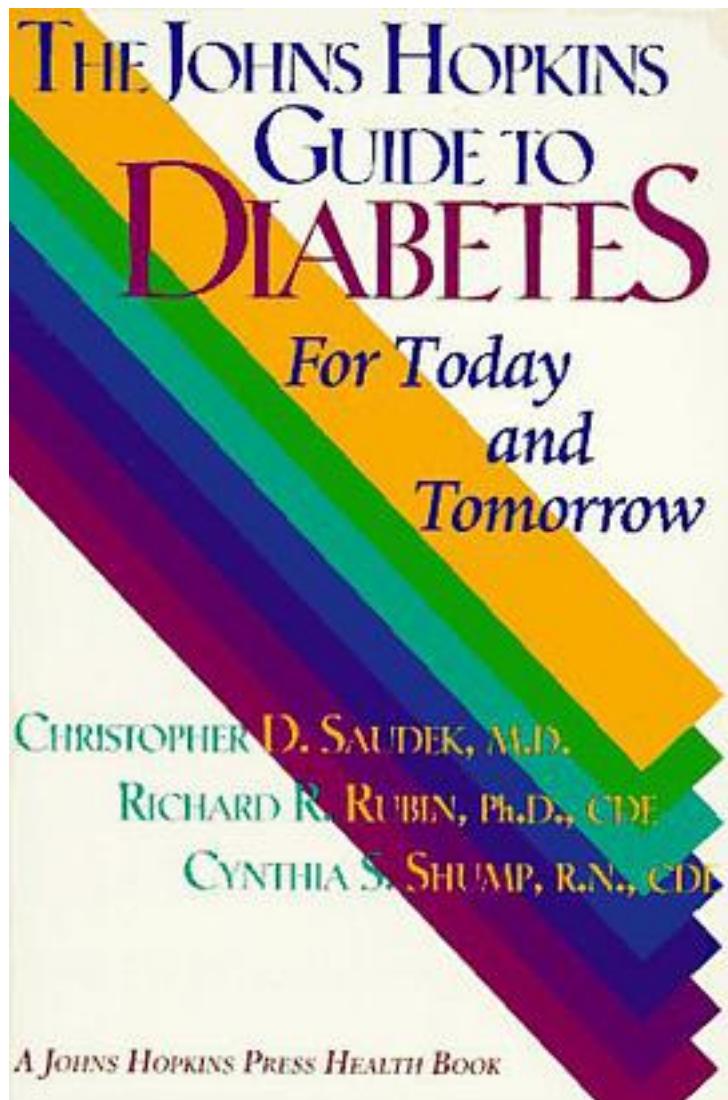


The Johns Hopkins Guide to Diabetes



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The Johns Hopkins Guide to Diabetes provides comprehensive and reliable answers to the many questions asked by people with the disease as well as their families and friends. What are the differences between Type I and Type II diabetes, for example? How are the different forms of this disease diagnosed and treated? Can diabetes that develops during pregnancy become a permanent condition? Can diabetes ever be managed with diet and exercise alone? Written by a team of Johns Hopkins specialists, this authoritative and easy-to-read guide addresses everything about diabetes which patients need to know for good control and good health. Highlights of The Johns Hopkins Guide to Diabetes: * The importance of getting a straight answer about your diagnosis * The physical and psychological demands of diabetes * Managing the disease with blood glucose monitoring, diet, exercise, oral medications, and insulin therapy * Potential short-term and long-term complications, such as hypoglycemia, hardening of the arteries, and effects on eyes, kidneys, feet, and skin * Sexuality, pregnancy, and genetics * Recent developments for treating diabetes and the latest thinking about the importance of close control, based on the Diabetes Control and Complications Trial

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