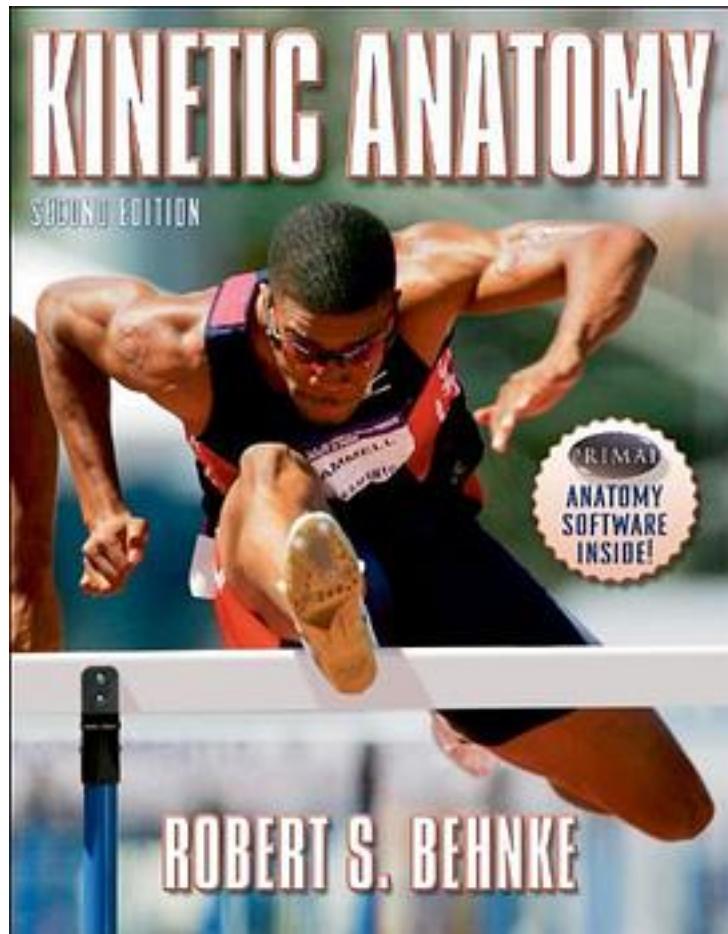


# Kinetic Anatomy



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出版者:Human Kinetics

出版时间:2005-11

装帧:Pap

isbn:9780736059091

Useful as an introductory anatomy text for undergraduate courses in sport science, athletic training, physical education and coaching, this title also serves as a reference for practitioners in physical activity fields. It breaks down the elements of structural

human anatomy in to four key sections - the basic concepts of anatomy, the upper extremity of the body, the spinal column, pelvis and thorax and the lower extremity of the body - making the overall subject easier to understand. It encourages students to learn anatomy through hands-on experiments. The text also provides learning activities, practice questions and suggested readings for students as well as an online instructor guide and test package for course tutors. "The Essentials of Interactive Functional Anatomy CD-ROM" from Primal Pictures contains full 3-D animations of the human skeleton, which allows users to remove structures layer-by-layer from skin down to bone. The CD-Rom also contains 32 muscle animations of joint motions, quizzes and a live-action video option, which allows observation of muscle actions during walking, standing from a sitting position, and other physical activities such as push-ups and sit-ups.

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