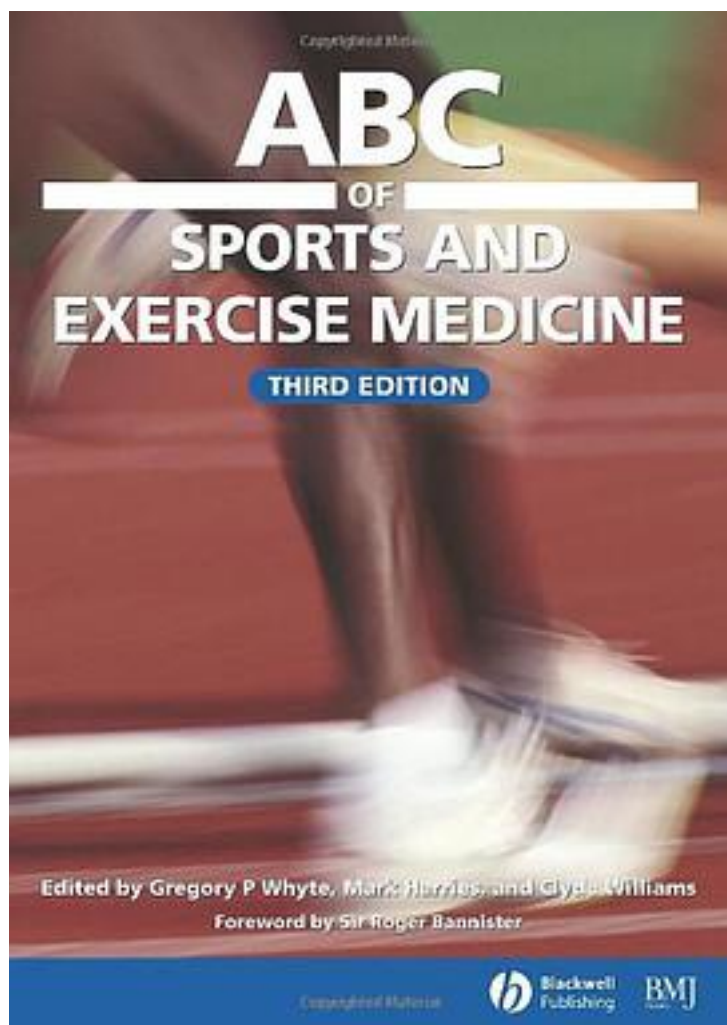


# ABC of Sports and Exercise Medicine



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This third edition provides a concise and thorough overview of the expanding and fast

moving field of sports medicine. Each chapter has been thoroughly revised and updated and several new chapters have been added. From the treatment at pitch side, exercise induced asthma, and overtraining syndrome to performance in a polluted environment, this book covers the latest topics. This highly illustrated, practical guide will be invaluable to general practitioners, physiotherapists, and all health professionals who deal with the treatment and prevention of sports related injuries.

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