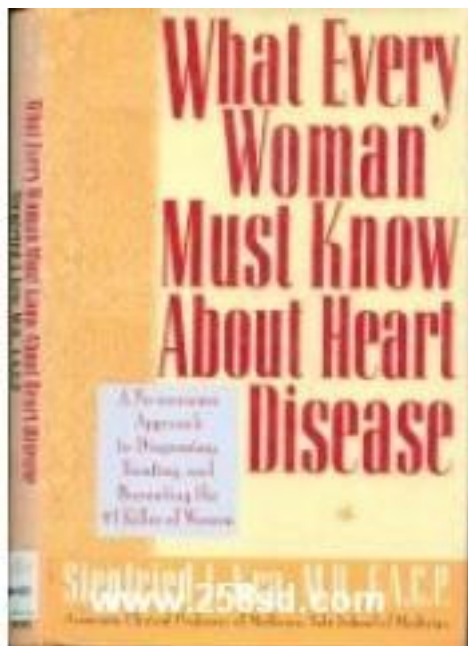


What Every Woman Must Know about Heart Disease



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For thousands of years the major cause of premature death among women stemmed directly from pregnancy. As late as the eighteenth century epidemics of so-called childbirth fever in Paris and Vienna--among the most sophisticated of cities--killed at least one in five women who conceived. Not until the mid-nineteenth century under the leadership of Dr. Ignaz Semmelweis were medical students instructed in such rudimentary hygiene as washing their hands before participating in a delivery. It took another twenty years for the medical profession to finally accept Dr. Semmelweis's theory that unsterile hands transmitted infection in the delivery room. Even

>soï¼Œ countless people throughout the centuriesï¼Œ and even
well into this oneï¼Œ went directly from milking cows to
delivering babies without a thought of the inevitable in-
fection that would follow. Todayï¼Œ thankfullyï¼Œ maternal
death during childbirth is exceedingly rare in developed
nations.

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