

Quick Look Nursing



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著者:Farrell, Marian L., Ph.D./ Nicoteri, Jo Ann L.

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Quick Look Nursing: Nutrition provides an in-depth discussion of clinically related topics in an integrated manner specific to nursing students and health professionals. Topics include: nutrition during pregnancy, foods for reducing cholesterol and for building muscle; how nutrition can help with heart disease, diabetes, and digestive disorders; nutritional needs for cancer patients; and nutritional information across the lifespan from newborn to older adults.

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