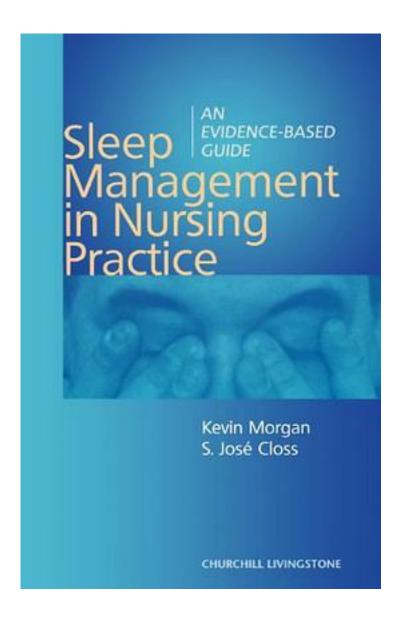
Sleep Management in Nursing Practice



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Sleep Medicine is a relatively new area of medicine. This text provides a comprehensive, research-based analysis of sleep and the problems associated with it (pathological and environmental), and discussion of nursing management of these problems. Each of the chapters is preceded by 3-5 intended learning outcomes, to encourage study. The authors are well-known researchers and authors on the subject.
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