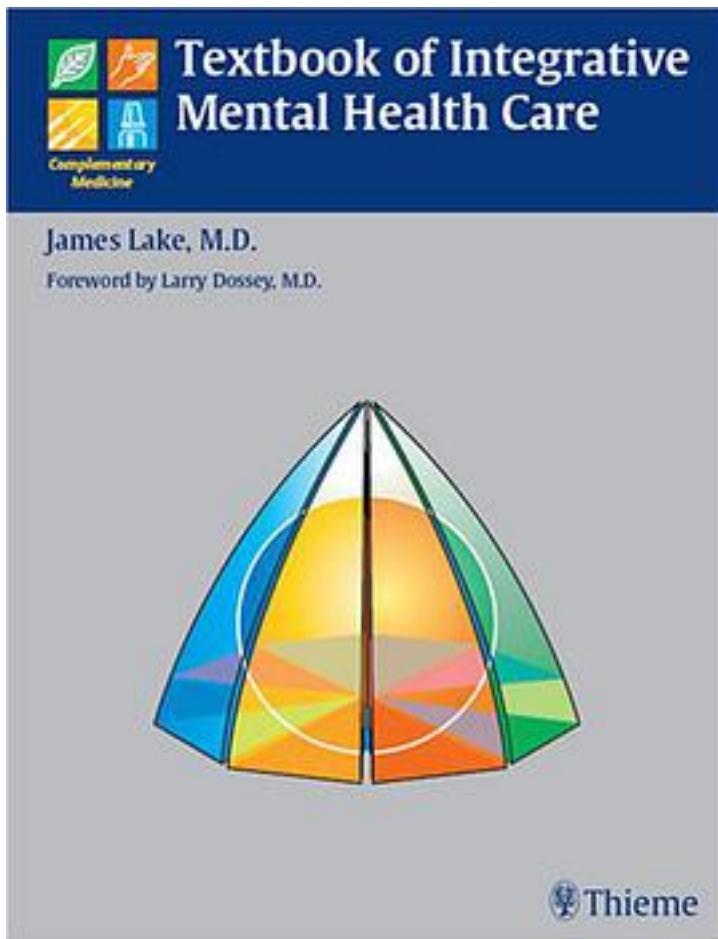


Textbook of Integrative Mental Health Care



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This Textbook of Integrative Mental Health Care provides a comprehensive guide to integrative approaches used for the prevention, diagnosis, and treatment of common mental and emotional symptoms in an outpatient setting. The author presents

evidence-based guidelines aimed at helping psychiatrists, psychologists, and other mental health care professionals plan safe and effective integrative approaches for the evaluation and treatment of emotional and mental problems. A corresponding website featuring the most up-to-date information available will keep the clinician abreast of the latest research in the field.

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