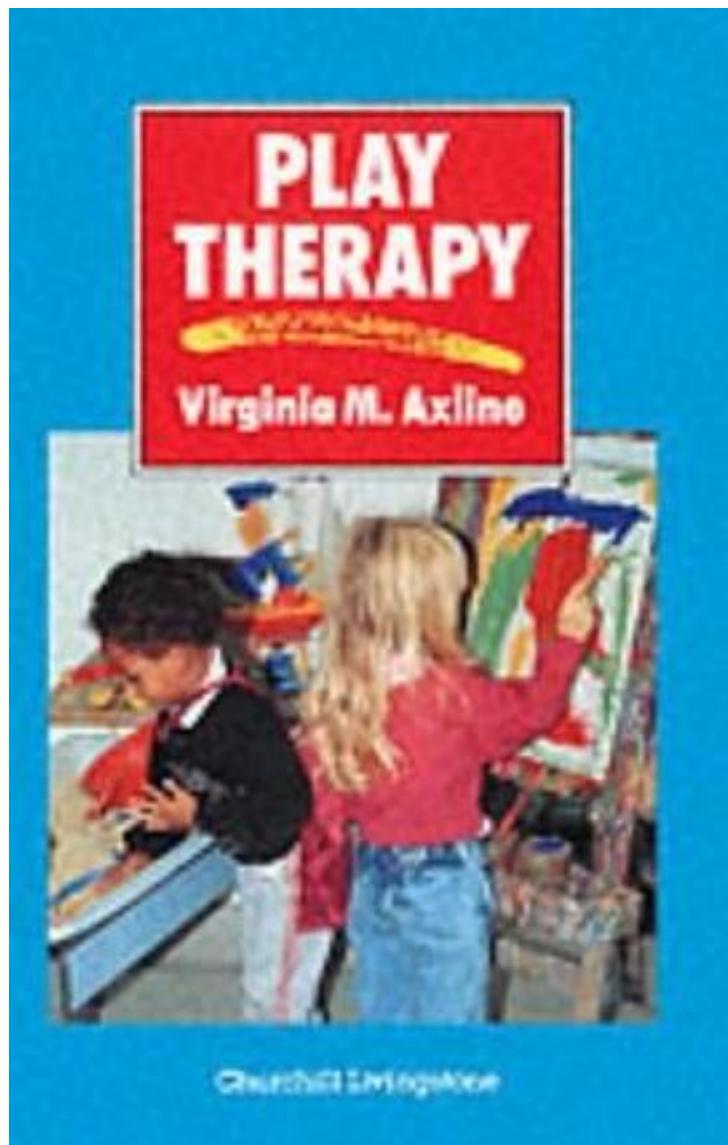


Play Therapy



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This highly readable book provides a comprehensive theoretical and practical guide to non-directive play therapy, which is an effective and ethically sound method of helping troubled children and adolescents with their emotional difficulties. It draws extensively on case material to guide practitioners through the intricacies of establishing and practising this therapeutic approach.

- Principles and background to the development of non-directive play therapy as a therapeutic method
- An updated theoretical framework for this approach, including symbolic play and its role in therapy
- Essential assessment, planning and practice issues and skills
- Working with children and their families systematically
- Play therapy in statutory settings
- Presenting therapeutic material in court proceedings

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