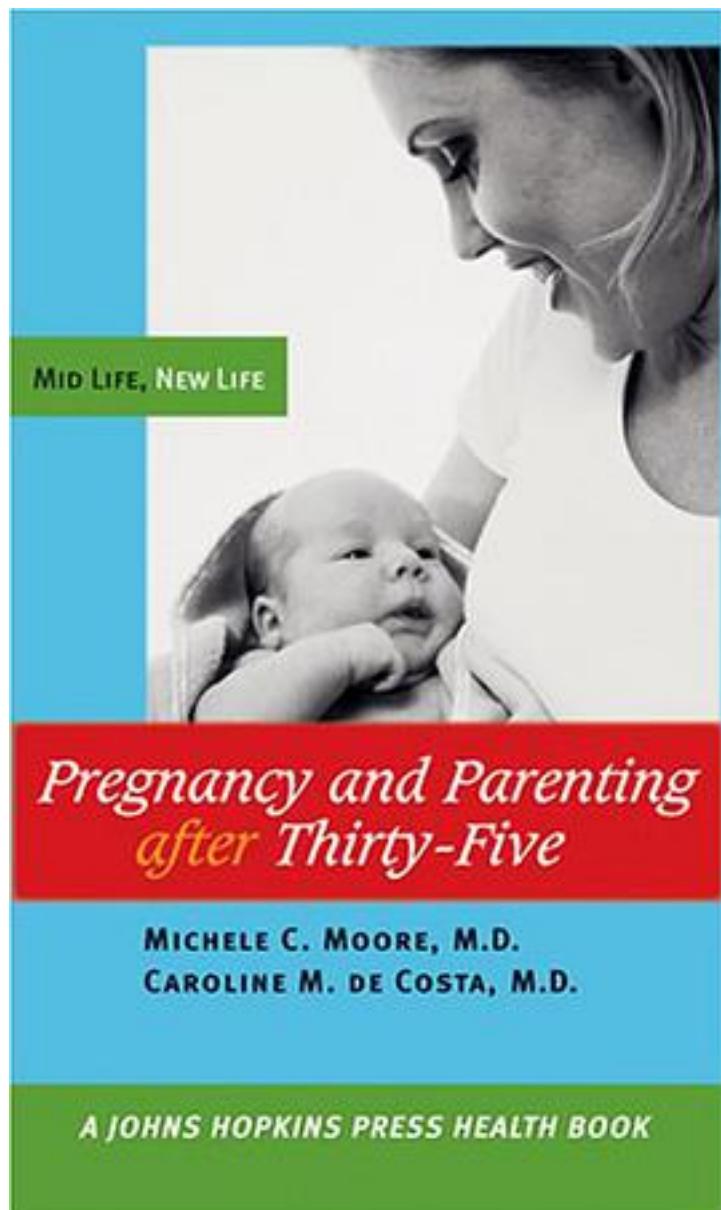


Pregnancy and Parenting after Thirty-Five



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More and more women are having babies after the age of thirty-five and experiencing the joy of motherhood. But mothers-to-be in this age group sometimes face unique medical, emotional, and social challenges. Conception may be difficult and the risk of miscarriage during early pregnancy is higher, as is the potential for complications such as hypertension and diabetes. And having a child later in life can also be surprisingly disruptive to well-established domestic routines and carefully cultivated careers. Michele Moore and Caroline de Costa-two physicians who have been down this road themselves-offer reliable medical expertise and personal reassurance to women tackling these challenges. *Pregnancy and Parenting after Thirty-Five* covers a broad range of issues for mothers in mid life, from the possibility of Cesarean section to the awkwardness of being the oldest mom at PTA meetings to the joy of holding your infant in your arms. Incorporating the stories of real women who have gone through mid-life pregnancy, Moore and de Costa have created a valuable resource that will help other women do so realistically and with confidence. One of the few books devoted to prospective mothers over thirty-five, this one also includes information on surrogacy, adoption, and the first few months of being a new mother.

作者介绍:

目录:

[Pregnancy and Parenting after Thirty-Five](#) [下载链接1](#)

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