

Polycystic Ovary Syndrome

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Addressing the common, but often undiagnosed, hormonal condition of Polycystic Ovary Syndrome (PCOS), this medical guide gives women the confidence to ask their doctors the right questions and make informed choices. In easy-to-understand language, the latest advice about managing PCOS is offered to the one in four women with polycystic ovaries and the seven out of 100 of this group who suffer the effects of PCOS. The symptoms, including acne, excess hair, weight problems, and irregular menstruation are outlined. Such questions as "What causes PCOS? How do hormones work? How is PCOS different from simply having polycystic ovaries? Does PCOS necessarily lead to infertility? How is it treated?" and "What is the connection between PCOS and diabetes?" are answered. Case studies and the latest research for patients, pharmacists, doctors, and other health professionals are included.

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