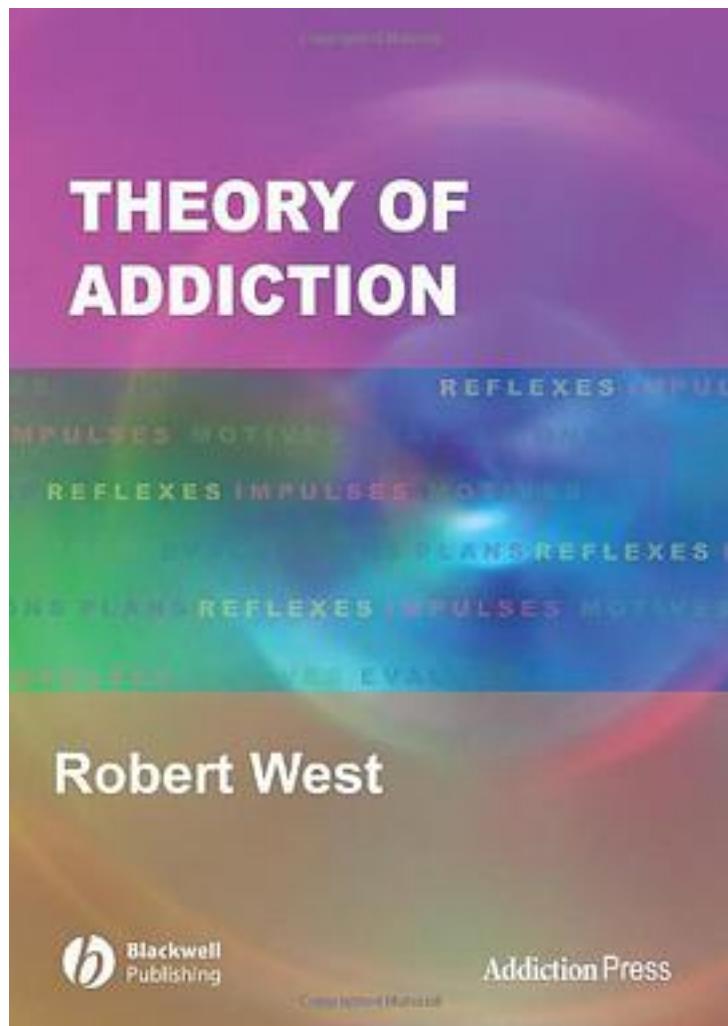


# Theory of Addiction



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著者:West, Robert

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An understanding of addiction theory is vital to understanding addiction itself. Theory

of Addiction takes theory development from a simple 'rational addiction model', adding elements such as compulsion, self-control and habit, to explain the 'big observations' in the field. As well as explaining and evaluating the arguments of each of the prevailing schools of thought, the book develops a new, synthetic theory of addiction that brings together the diverse elements of current models. Designed to enable students, practitioners and researchers to establish a starting point in the labyrinthine world of addiction theory, Theory of Addiction supports abstract thinking with concrete and realistic scenarios, underlining the centrality of theoretical understanding to working with addiction.

- \* Presents a digest of major existing theories in one volume
- \* Develops a new synthetic theory of addiction
- \* Recognises the diversity of the experience of addiction
- \* Discusses factors at the level of both the individual and populations
- \* Provides key recommendations for the development of effective interventions

作者介绍:

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标签

评论

对我来说，作者以下做的很好：将成瘾的心理机制做了全面介绍，并且整本书以一种逐渐添加的方式去写，给我的感觉像是如此这般语气：A机制能否完整解释成瘾现象呢？不能，于是我们加上B机制，那么，什么是B机制？总之，是本不错的书。

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书评

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