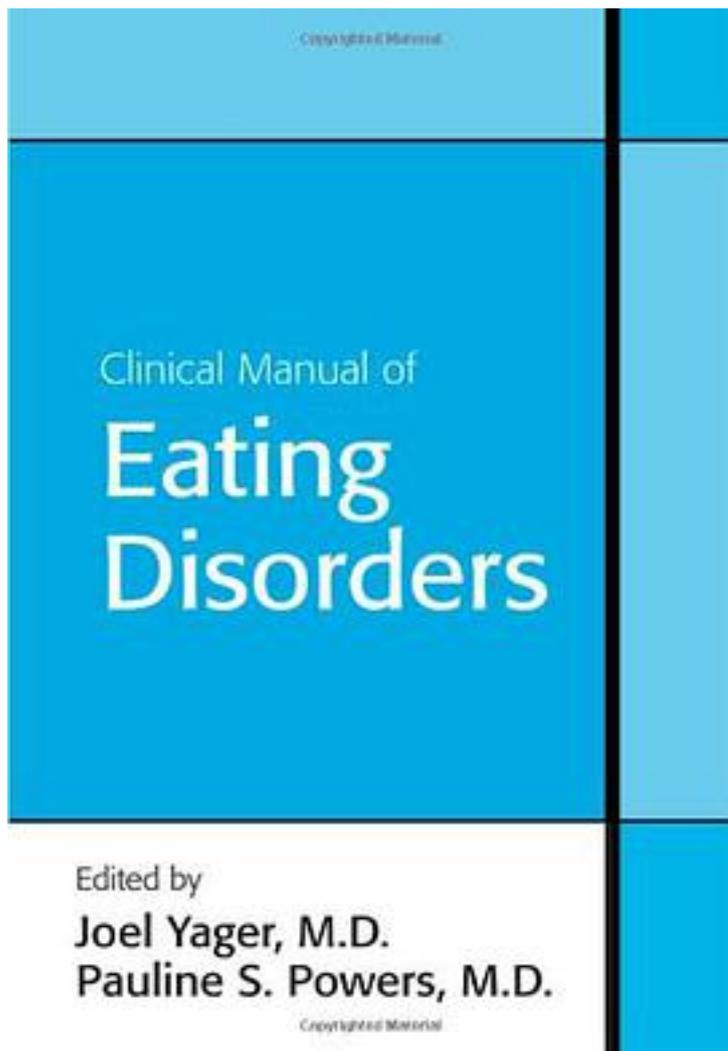


Clinical Manual of Eating Disorders



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出版者:Amer Psychiatric Pub Inc

出版时间:2007-4

装帧:Pap

isbn:9781585622702

Clinical Manual of Eating Disorders provides sound therapeutic advice based on current research and clinical practice. It includes detailed discussions of various aspects of assessment and treatment, featuring up-to-date evidence- and consensus-based information. Ranging from the determination of initial treatment approaches to problems posed by unique groups of patients, it marks the first APPI volume specifically directed toward the clinical management of patients with eating disorders?A?Aand the first book to focus squarely on what psychiatrists need to know about the clinical assessment and management of patients with anorexia nervosa, bulimia nervosa, binge eating disorders, and obesity. In these pages, preeminent psychiatric authorities on eating disorders offer practical advice, research results, and the fruits of clinical experience. In addition to thorough extended discussion and coverage of all assessment and treatment topics encompassed by the third edition of the American Psychiatric Association's "Practice Guideline for the Treatment of Patients with Eating Disorders," the book includes topics such as: night eating and related syndromes, obesity and weight management in relation to psychiatric medications, psychiatric aspects of bariatric surgery, and management of patients with chronic, intractable eating disorders. Clinical vignettes discuss specific techniques and strategies to help anchor the discussions in the decision-making situations faced by practitioners every day. Among the book's features: -coverage of a wide range of diagnoses, from new onset to very chronic conditions -consideration of comorbid psychiatric, substance abuse, and medical conditions -applications to outpatient, ambulatory, and inpatient settings -a range of treatment strategies, including biological, cognitive-behavioral, psychodynamic, and family treatments -discussion of special concerns involving college athletes and patients from different ethnic or cultural backgrounds -inclusion of APA Practice Guideline tables as well as the most recent version of the Eating Disorders Questionnaire The insights garnered from this book will enable clinicians to: -better make nuanced assessments of patients with eating disorders -present the best available evidence about treatment options to patients and their families -initiate and conduct treatment interventions with the majority of patients they encounter Clinical Manual of Eating Disorders is an invaluable tool for psychiatrists that complements other resources for all professionals who see patients with these challenging conditions, whether mental health clinicians, primary care physicians, dieticians, psychologists, or social workers.

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目录:

[Clinical Manual of Eating Disorders 下载链接1](#)

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