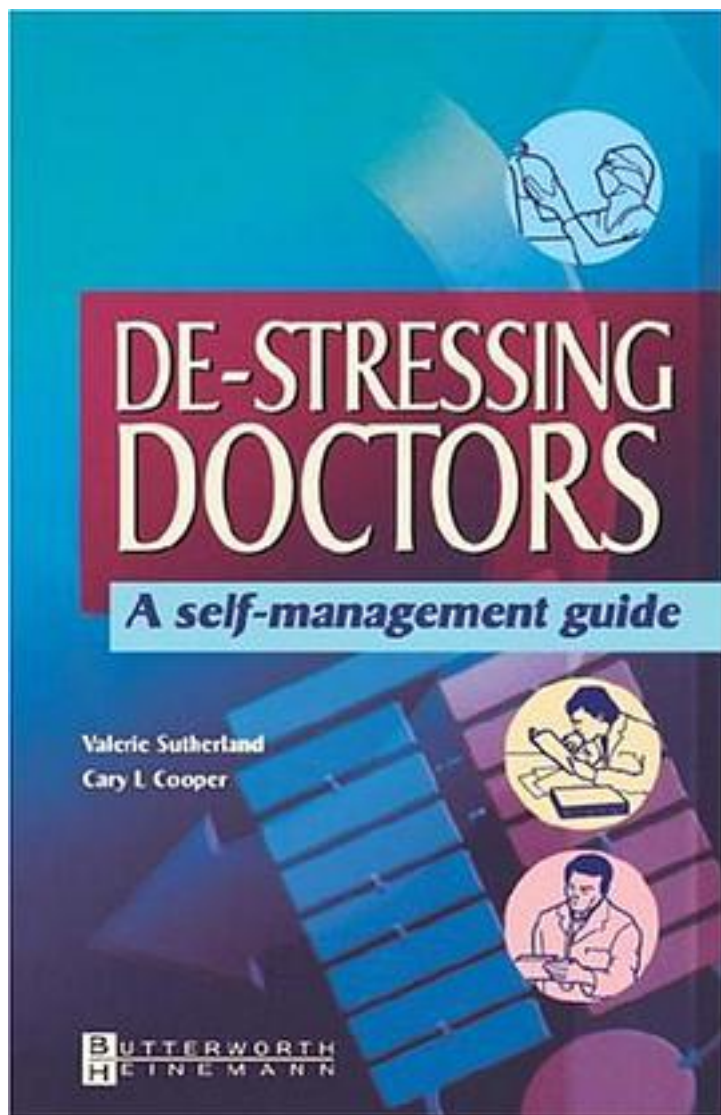


De-stressing Doctors



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著者:Sutherland, Valerie/ Cooper, Cary L.

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Practical guide shows physicians how to effectively manage their stress and presents stress control strategies for the medical profession. Specifically discusses time management, how to avoid 'burnout', ways to create and effective, stress-free medical practice environment, and more. Softcover.

作者介绍:

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