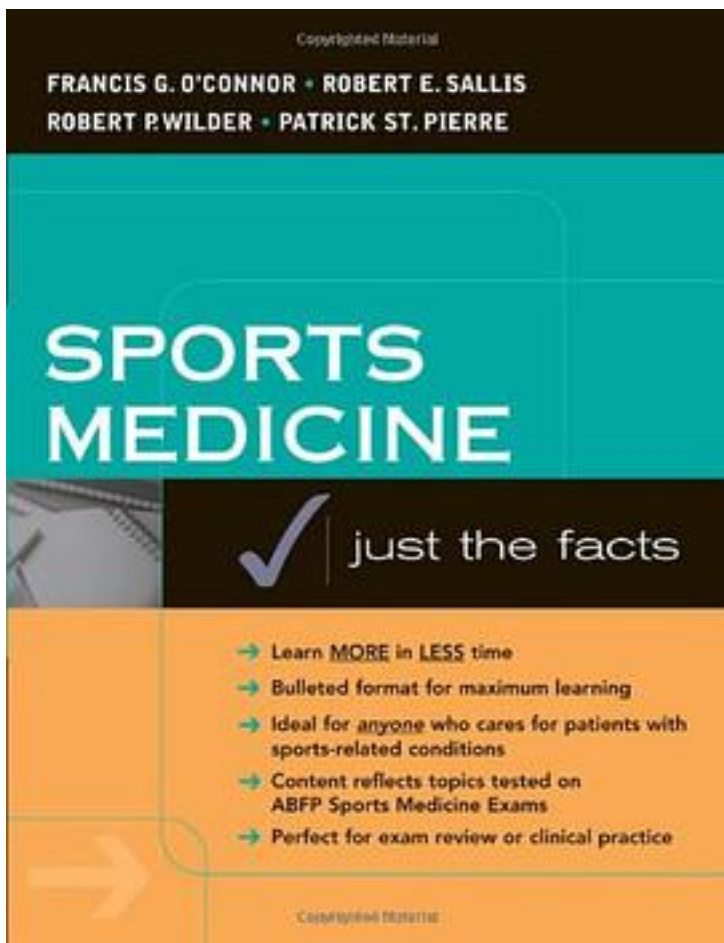


Sports Medicine



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A clearly structured, concise guide to the scientific basis, diagnosis and treatment of sports injury, this volume covers all aspects of sports medicine needed by orthopaedic surgeons and physicians encountering sports injuries in their practice. Throughout the

text, key points are illustrated by clear drawings and figures, as well as extensive tabular material. The first part of the book deals with general aspects of sports medicine: its history, basics, theory, environmental aspects, and the additional impact of eco-systems on exercise. Part 2 examines injuries to specific regions of the body, as well as the psychological problems such injuries entail. Part 3 discusses the specific requirements of the female athlete, the child, the elderly, the disabled, and the elite athlete. The guidelines provided are based on the standards of care developed for the treatment of athletes at the Sydney Olympic Games in 2000.

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