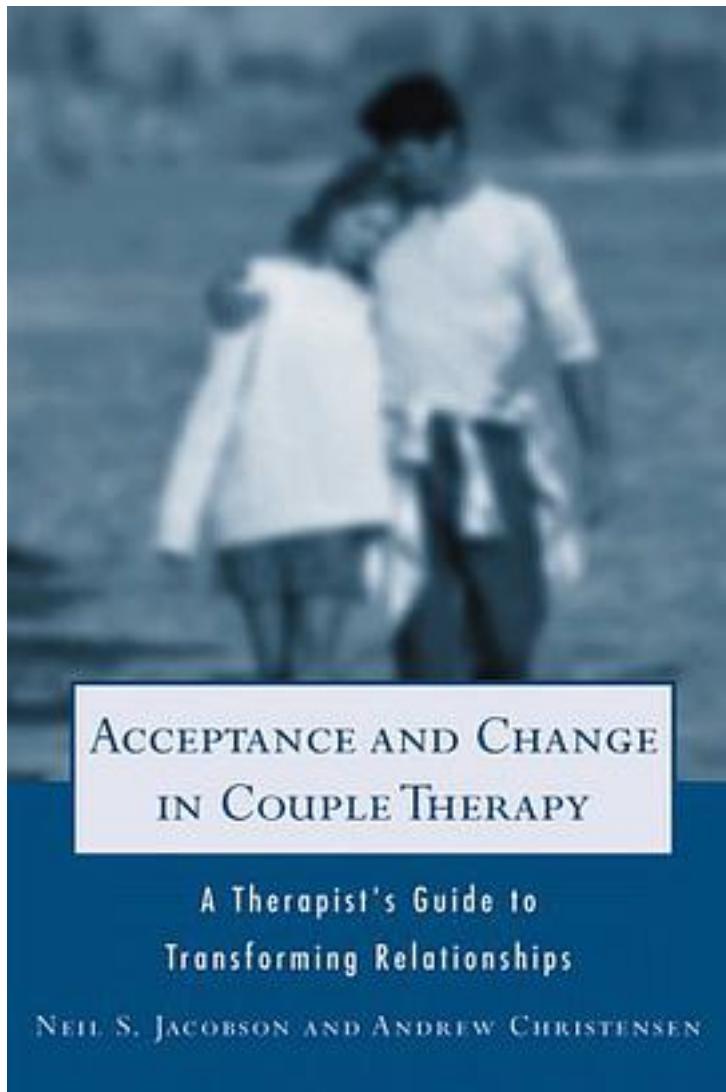


Acceptance and Change in Couple Therapy



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著者:Andrew Christensen

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At the heart of this work is the authors' premise that to have a successful marriage couples need to develop the ability to accept the unchangeable and change what can be changed. Included is clinical detail on how to develop a formulation encompassing the couple's conflict areas, enhance intimacy through acceptance, build tolerance for difference, and improve communication and problem-solving.

作者介绍:

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