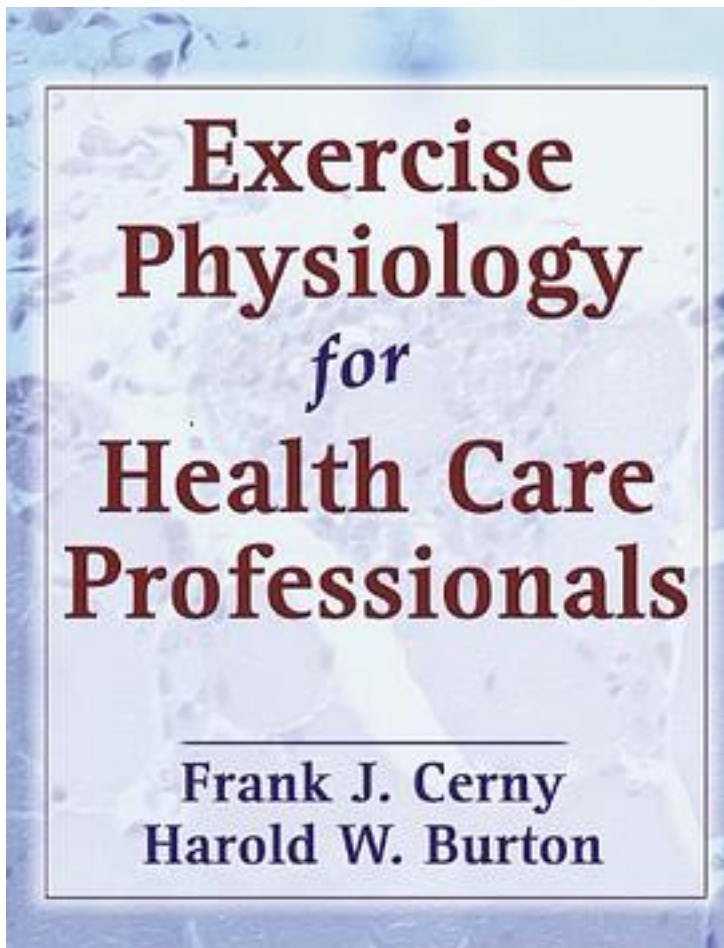


# Exercise Physiology for Health Care Professionals



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著者:Cerny, Frank J./ Burton, Harold W.

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A guide to applying general exercise physiology concepts in clinical settings. Both authors draw from more than 40 years of combined experience teaching physical therapists and other health care professionals. They present many case studies that

seek to bring the study of exercise physiology to life and provide opportunities for instructors and students to work through problems. The text focuses on both the healthy and the unhealthy. Students should learn how to apply the vital principles of exercise physiology to various populations and avoid trial and error once they are in clinical settings. The book's problem-solving approach seeks to engage the reader in interactive thinking and helps make the material relevant. There are highlighted key terms and summaries for each chapter.

作者介绍:

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