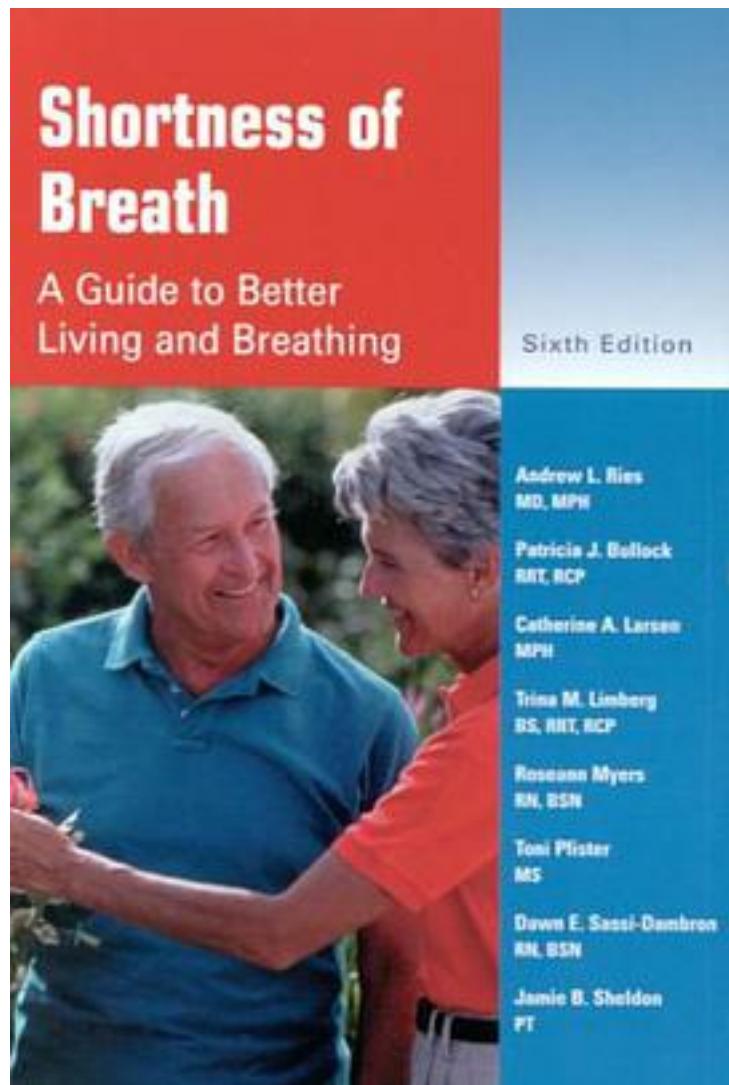


# Shortness of Breath



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Shortness of Breath is written to educate patients with severe, life-threatening breathing disorders in order to help them better manage their condition. Now in its 6th edition, this book is a user-friendly patient handbook. Complex information is presented in a readable format suitable for average readers and is comprehensive in addressing both the physical and psychological impacts of lung disease. Written by a team of multi-disciplinary pulmonary experts. This new edition has been updated with the latest trends & research. Added to the new edition is a completely updated & expanded chapter on exercise, information on diagnostic testing & a new chapter on resources.

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