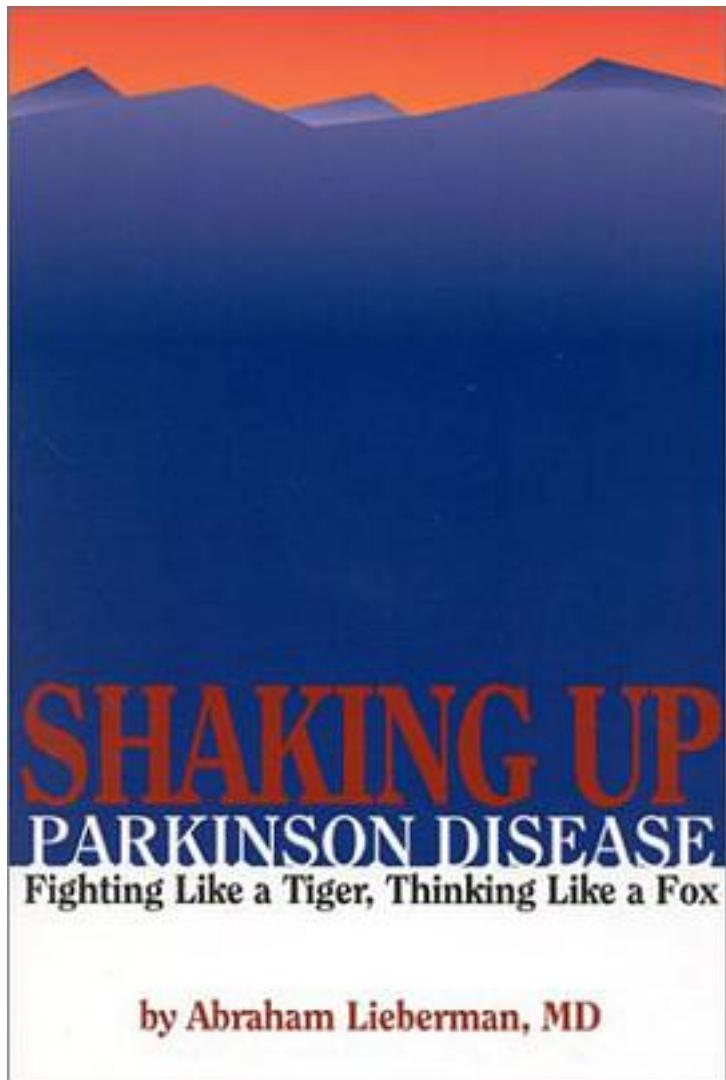


Shaking Up Parkinson's Disease



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Each day, every day, people with Parkinson disease awaken, trapped in their bodies. They move slowly, their limbs are stiff, their hands shake, and their legs won't follow their brains. For these people, there is hope and help, both offered in this important new book. *Shaking Up Parkinson Disease: Fighting Like a Tiger, Thinking Like a Fox* explains Parkinson - how it's recognized, what causes it, who gets it, when and how to get help, and much more. Using patient case studies, facts about the disease, a survey that assesses quality of life, and Biblical references, the author shows how patients at all stages of the disease can maintain their quality of life. Celebrities who either have Parkinson or who have family members with Parkinson also contribute their personal, inspirational stories about coping with the disease. All Royalties are Donated to the National Parkinson Foundation.

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