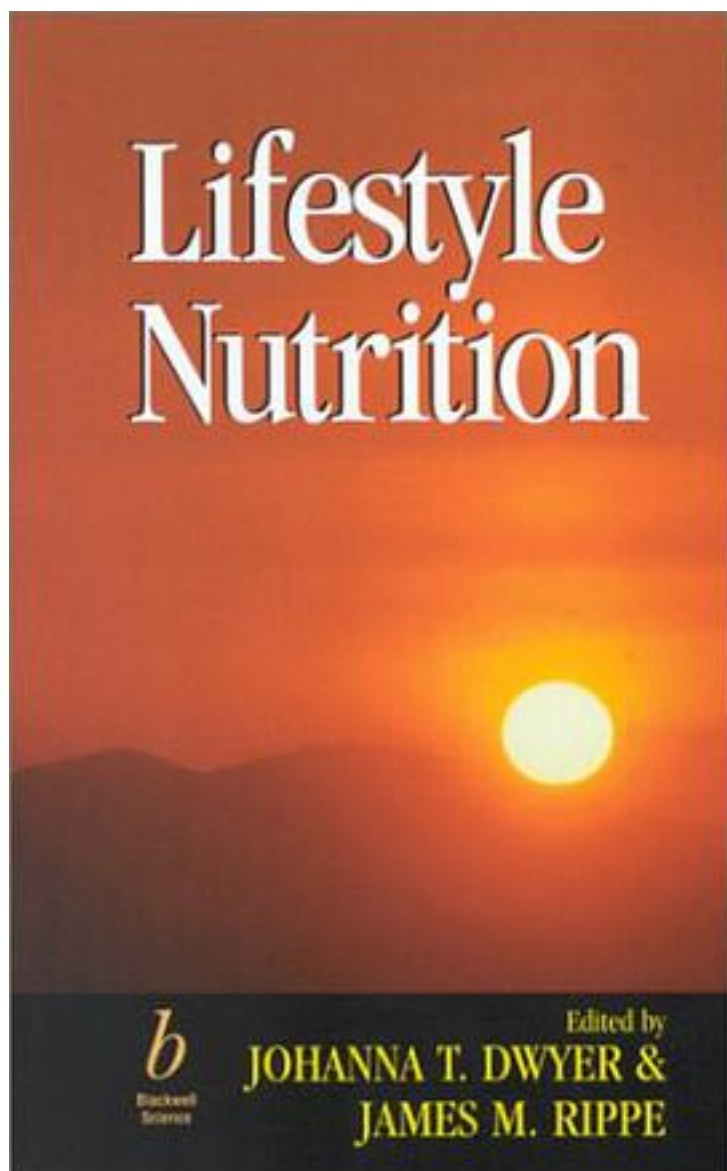


Lifestyle Nutrition



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On Lifestyle Medicine, by James Rippe: "...one of the most useful texts on my shelf...the book's depth and focus are remarkable..." "The chapters are scientifically sound, balanced, and informative and eliminate many of the biases surrounding lifestyle issues often found in the lay press...I highly recommend it for your reference shelf."
-Journal of the American Medical Association.

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